

# General Index

## Abdomen

- abdominal breathing, importance of, 111
- abdominal diagnosis, 14, 82-83, 267
- abdominal pain, 77-78, 115, 428, 436, (case histories) 79, 280, 369-70, 372, 380, 445-46
- abdominal points not to be treated, 115-16
- abdominal surgery, scar from, 417, 442
- chart showing, 16
- cold, 31, 156n331
- downward pull of, 423
- palpation of, 4, 15-22, 82-83, 284, 400-401
  - chart, 16
  - depth of, 15, 334
  - and diagnosis, 4-5, 17, 20, 22, 148-49    importance of, 46
  - not tolerated, 21
- "pancreatitis," 159, 284, 285, 301
- as reflection of the head, 25
- stagnation of blood in, *see* Oketsu
- thigh compression and, 239

*See also* Hara diagnosis; Umbilicus

## Abortion, spontaneous, 31

Abuse as issue in diagnosis, 10, 20

Achilles tendon, 61, 78, 114, 309, 341, 374, 375

ACTH (adrenocorticotrophic hormone) secretion, 158

Addictive drugs. *See* Drugs

## Adenoids

- adenoidectomy, 55
- adenoiditis, 64
- adenoid reflex area, 27
- adenoid reflex treatment (Nagano's), 63-65

Adhesion. *See* Scar tissue

## Adolescents, 296

- scoliosis treatment for, 394
- thyroid gland (and personality change) in, 147

## Adrenal glands

- adrenal deficiency/imbalance, 2, 28, 140, 267, 304, 330-31
  - points associated with, 32
- adrenal exhaustion, 61, 83, 88-89, 148, 164, 296, 341, 344
- adrenal gland reflex, 6, 9, 10, 28, 61, 301
- function of, 115
- hormones secreted by, 83, 164

Adrenal treatment, 16, 28, 82-88, 148, 158, 159, 250, 251

## Euler Index: 2

- Aging, kidney deficiency due to, 331-32. *See also*  
Elderly patients
- AIDS, 54, 242, 253, 260, 279, 345, (case history)  
254
- Alcohol, alcoholism, 15, 19, 54, 105, 422, 442  
treatment of, 367, 407, 409, 411, 414, 415
- Alexander technique, 192, 206n408, 208
- Allergies, 20, 26, 31, 53, 55, 63, 110, 345  
allergic reactions, 115, 262  
metal, 452-53  
seasonal (case history), 113-15  
sinus, 26, 110, 294-95
- Allopathic treatments, acupuncture combined with, 8
- Amputations, 193, (case history) 181
- Anal fistula, anal spasm, 251, 302
- Anemia, 129, 178, 266, 282, 285-86, 386, 394
- Aneurysm, 8
- Angular cheilitis, 25, 403, 404-5, 414, (case  
histories) 405, 407-8, 415
- Ankle, 73, 337, 210  
ankle pain, 442, 460, (case histories) 76-77, 103-  
4  
pressure pain on, 3n4  
sprained, 54, 202, 308-9  
treatment of (illustrated), 456
- Ankle joint imbalance, 211-15
- Antibiotics. *See* Medications
- Anxiety and fear, 41, 218, 281, 374, 381, (case  
history) 183-84  
causing pressure pain, 310, 315, 322, 410  
as symptom, 393  
treatment of, 301, 356, 388, 394, 443, 460
- Appendix, 56, 69  
appendicitis/appendectomy, 55, 69  
adhesion or scar from, *see* Scar tissue  
prevention of, 345  
treatment of, 282, 284-85, 308  
underlying problems, 8, 41, 164, 266  
appendix reflex, 246
- Appetite, lack of, 72, 73, 107, 110, 288, 306. *See also*  
Diet
- Armpit, 443  
inflammation of or swelling in, 442, 444  
overly sweaty and smelly, 311
- Arteriosclerosis, 41, 121, 228, 445
- Arthritis, rheumatic, 306, 310, 311, 318, 360, 366,  
443. *See also* Osteoarthritis

## Euler Index: 3

- ASIS (anterior superior iliac spine) area, 199n400,  
217, 238, 323, 335, 358, 396  
  needling of, 45, 154, 178, 209, 302  
  pain or tightness near, 16, 208, 224-25, 305, 407,  
    (pain reduced) 23, 75, 85, 331, 334, 434  
  palpation of, 288, 304, 433
- Asthma, 30, 41, 364, (case history) 200  
  chronic, 193n390, 247, (case history) 45-46  
  as symptom, 28, 115, 177, 198, 246, 249, 250,  
  329, 340  
  treatment of, 94, 251, 284, 356, 426, 444  
    by diode ring, 460  
    by Hukaya's "asthma point," 373-74  
    by Kawai's "infinity treatments," 320, 354,  
  394, 377
- Atlas reflex, 35, 230, 236, 393
- Autoimmune disorders, 27, 53-54, 460
- Autonomic nervous system, 423  
  autonomic nerve imbalance, 2, 41, 105-6  
  diagnosis of, 106, 148, 443  
  scar symptoms related to, 172, 177  
  treatment of, 10, 151, 396, 426, 460  
  Triple Warmer channel and, 387-88
- Back, hunched, 246, 324 (case history), 201
- Back, tight, kidney deficiency and, 329-30
- Back pain, 6, 31, 107, 312, 434, 435, 445, (case  
  histories) 118-19, 180-81, 182, 204, 214-  
  15,  
  244, 287, 336, 371-72, 378-79, 413-14  
  diagnosis of, 59  
  lumbar, 393  
  scars causing, 178, 180-81  
  as symptom  
    of Organ deficiencies, 250, 266, 267, 318,  
  322,  
    324, 331, 349  
    of structural imbalance, 198, 203, 211, 216  
    of vascular compression, 234, 240  
  tailbone injuries causing, 186, 187, 189-90  
  treatment of, 31, 193, 305, 345, 352, 394, 435  
    diode rings, 460  
    treated first, 41  
  *See also* Spine
- Back spasms, 266, 267, 269, 355-56, (case  
  histories), 189-90, 207, 271-73, 416
- Bafeng points. *See* Foot, pressure points in
- Balance problems, 29, 49

## Euler Index: 4

- Bancha tea, 166
- Barrel chest. *See* Kyphosis
- Basilar artery insufficiency, 228, 350, 376, 427, 441n859
- Basilar artery treatment, 2n3, 29, 234-35, 375, 418
- Bedwetting, 143, 144, 253, 254, 326-27, (case history) 348-49
- Bell's palsy, 29, 72, 108, 256, 281, 309, 437, 444, 445
- Belt Vessel, 195. *See also* Dai Mai imbalance
- Biceps. *See* Brachii muscle
- Birth control pills, 142, 143, 304
- Birth trauma, 2, 8, 20, 31, 90-93, 344
- Bitong area, 58, 63, 295
- Bladder meridians. *See* Gall Bladder meridian; Urinary Bladder meridian
- Bladder surgery, 20
- Bleeding (as treatment), 235-36, 350, 427, 444
- Blood, stagnation of, 18, 40-50, 196
  - in the abdomen, *see* Oketsu
  - as cause of disease, 226
  - flow restored, 227
  - in the head, 2, 7, 48, 122, 252, 285, 386, 443
    - treatment of, 32, 49-50, 110, 121, 186, 280-81, 285
  - in the pelvis, 288
  - in the vertebral artery, 2 (*see also* Vertebral artery)
- Blood pressure, 8n16
  - drugs controlling, 10
  - high, 107, 259, 326, 366, 386, 426, 427, (case history) 291-92
    - as symptom, 41, 147, 228
  - high or low, 394, 443, (case histories), 126-31
  - low, 48, 376, 386, 453
- Blood pressure imbalance, 2, 120-31, 266, 286, (case histories) 126-31
  - treatment of, 123-31, 460
- Blood transfusions, 41
- Body piercing, 142, 177
- Body types, and blood pressure disorders, 121-22
- Boils in the nose, 377-78, (case histories) 378-79
- Bones, 333, 338
  - bone pain, 442
  - broken, unhealed, 332, 335, 352, 442
  - meeting point of, 351
- Bone Shu, 244, 335

## Euler Index: 5

- Borborygmus, 110, 377
- Bowel disorders, 240, 242, (case history) 373. *See also* Irritable bowel syndrome
- Brachial plexus compression, 173-74, 227, 228. *See also* Neurovascular compression
- Brachial plexus reflex, 35-36
- Brachii muscle, 311, 384
- Brain injury, 48, 356. *See also* Head
- Breasts
- diseases of, 325, 326, 409, 418
  - lumpectomy or mastectomy, 316, 321, 419, 443
  - painful, 241, 419-20, 444
  - size of, 222
  - swollen, 326
- Breathing, correct, 111, 381
- accordion analogy, 193n390
  - See also* Diaphragm; Respiratory disorders
- Bronchitis, 246, 247
- treatment of, 193n390, 250, 283, 340, 442-44
  - diode ring, 460
- Bruising, 18
- “Buffalo hump,” 28, 59
- Bulimia, 143
- “Bumpy” spots, 267
- Bunion. *See* Foot problems
- Burns, severe, 193
- Bursitis, 174, 253, 390, 444
- “Busy Hara” (case history), 24-25
- 
- Cachexia, 367
- Caffeine, 15, 54, 105
- Calcium and calcium imbalance, 330, 335, 352, 391
- Calf cramps, 175, 177, 211, 359, 436, 445, 460, (case history) 436-37
- Cancer
- breast, 325, 326, 409
  - family history of, 266
  - liver (case history), 102-3
- Cancer patients, 102, 266. *See also* Chemotherapy
- Cancer points, 103
- Canker sores, 414
- Cardiac problems, 2, 31, 131-38, 318, 444
- angina pectoris, 249, 285, 338, 386, 394, 443
  - arrhythmia, 133, 314, 460, (case history) 136-38
  - congestive heart failure, 81, 249
  - diagnosis of, 131-32, 325, 345-46, 373
  - and heart surgery, scars from, 167
  - patients with, 33, 107, 218, 246, 379, 409, 410,

## Euler Index: 6

- 444, 445
- Pericardium and, 381-82
  - prodrome to (case history), 447-48
  - treatment of, 29, 132-36, 304, 311, 317, 322, 325-26,
    - 338, 381, 406, (case history) 46-47
    - contraindications, 249n486, 284, 286
    - important points for, 283, 375, 379
- See also Heart; Pulse
- Cardiac reflexes, 29, 131-32, 138, 324-25, 326, 410
  - painful, 9, 22, 46-47, 314, 346, 406, 444
- Carpal tunnel syndrome, 7, 172, 193, 228, 252, 436,
  - 443, (case history) 194-95
- Case histories, 3-4, 461-62
- Cataract, treatment of, 398
- Causalgia. See RSD
- “Celestial Pivot,” 57
- Cervical artery treatment, 418, 441n859
- Cervix infections, 423, 435
- Cesarean delivery, 20, 26, 386
- Chemotherapy, 54, 242, 260, 279, 366, 397, 403,
  - (case history) 102-3
  - detoxification, 98, 331, 342
- Chest pain, 329, 443, 444, 460
- Child fire Yin (Heart), 354
- Children
  - adenoid problems in, 63
  - bedwetting, 143, 144, 326-27
  - immune system of, 28, 59
  - importance of health of, 93
  - of mother with thyroid condition, 9
  - with pain when running after meals, 286
  - with scoliosis, 206
  - treatment of, 61-62, 88, 286, 327, 353, 363
    - with magnets, 453
    - moxa, 28, 59, 62, 452
    - needles contraindicated, 256
    - Tiger Warmer, 28, 61-62, 256, 398, 452
  - visceroptosis in, 215
- Chiropractic work, 192
- Cholecystectomy, 164, 422
- Chong Mai channel (Penetrating Vessel), 22, 80-81,
  - 275, 294, 304-5, 396
  - and Great Chong Mai, 141
  - injury to, 177, 186, 217
  - points on, 178, 283, 343, 344
  - treatment of, 19, 315, 335, 393
- Chronic fatigue immune deficiency syndrome (CFIDS),

## Euler Index: 7

- 55, 72, 126, 306, 397, (case histories) 66-67, 51-52, 387, 420-21
- fatigue as symptom, 34, 48, 147, 217, 240, 286
  - of Organ deficiencies, 245, 250, 329, 331, 382
- Chronic obstructive pulmonary disease (COPD), 31, 41, 247, 329, 364, 426
- Clavicle. *See* Collar bone
- Coccyx injuries. *See* Tailbone injuries
- Cold, external, invasion of, 276
- Cold abdomen, cold navel, 31, 45, 156n331, 276-77, 279, 342
- Cold feet and hands. *See* Foot problems; Hands
- Colds, 36, 55, 62, 69, 70, 246, (case history) 257
  - treatment of, 27, 356, 318, 353, 354, 391, 397
- Colitis, 45, 242, 256, 280-81, 303
- Collar bone (clavicle), 174-75, 218-19, 246, 299, 304-5, 315, 346
- Colon problems, 18, 239, 303, 320, 377
- Compression. *See* Neurovascular compression
- Conception Vessel channel, 155, 217, 250, 293, 339, (case history) 220-21
- Constipation. *See* Digestive disorders
- Cortisol, 61, 83, 89, 158, 164
- Cortisone, 9, 21, 83, 231
- Coughing. *See* Respiratory disorders
- Coumadin, 409, 410
- Craniosacral approach, 192, 224, 225, 332
- Crohn's disease, 15, 21, 256, 280-81, 286, 311
- Cross checking, 5, 60
- Cross syndrome, 19
- Cubital fossa, 250
- Cystitis, 41, 445
- Cysts, 205, 241, 326, 442
  - fibroma and breast, 418
  - ovarian and uterine, 211, 239, 361, 418, (case history) 448
  
- Dai Mai point, 344, 394, 407, 433, 438-39, 441n859
- Dai Mai imbalance, 16, 24, 195-99, 202, 246, 249, 296, 318, 423
  - and pelvic imbalance, 23
  - symptoms of, 54, 198
  - treatment of, 86, 194, 198-99, 323, 341-42, 358
    - (*see also* GB26; GB26-GB28)
- Dairy products. *See* Diet
- Dehydration, 33
- Dementia, 367. *See also* Memory problems
- Dental problems. *See* Teeth

## Euler Index: 8

- Depression, 41, 72, 121, 186, 281, 315, 322, (case history) 52  
    hypothyroidism with (case history), 56-57  
    postpartum, 386, 443  
    as symptom, 48, 172, 173, 177, 217, 266
- Dermatitis. *See* Skin problems
- Detoxification, systemic, 2, 98-104, 151, 331, 337, 342  
    diagnosis and treatment, 99-100, 150, 335, 417
- Detoxification reflexes, 9
- Diabetes, 9, 28, 158, 269, 355, 403, 422  
    diabetic neuropathy, 228, 234, 253, 340, 359  
    treatment of, 289, 326, 333, 345, 366, 391, 422, 436, 451  
    pain management, 301  
    regulating blood sugar, 281  
    *See also* Sugar (glucose) imbalance
- Diagnosis, 7-39  
    Hara, *see* Hara, the  
    of four-corner imbalance, 193  
    incorrect, and pressure pain, 16  
    intake form for use in, 7-13, 105  
    life style and, 10  
    medical, 7-8  
    medications and, 9-10  
    palpation and, 4-5, 17, 20, 22  
    of the spine (Nagano's), 26-33  
    "Western," 8  
    *See also individual ailments*
- Dialysis patients, 337
- Diaphragm, 30, 317, 381, 382, 392  
    hyper- or hypoactive, 22, 31, 134, 177, 298, 393
- Diaphragm Shu, 117-18, 401, 406
- Diet, 52, 295, 367  
    "comfort food," 315  
    dairy products, excessive use of, 52, 54  
    lack of iodine in, 147  
    mineral imbalance in, 312, 318, 330  
    too much fat in, 391  
    vitamin deficiency in, 391  
    *See also* Appetite, lack of; Eating disorders
- Digestive disorders, 19, 30, 41, 256-57  
    acid stomach, 41, 176, 354  
    appendectomy scars causing, 176  
    constipation, 41, 45, 177, 203, (case history) 373  
        injury causing, 186, 239  
        treatment of, 18-19, 315, 316, 355  
    diarrhea, 19, 115, 118, 355, 377  
    gas, 115, 442



## Euler Index: 9

- gastritis, 22, 299-300
- heartburn, 354
- SCM muscle injuries causing, 172
- treatment of, 58, 94, 300, 303, 377, 460
- See also Stomach problems
- Diode chains, 457
- Diode rings, 457, 458-60
  - application of, at home, 295
  - custom-made, 404
- Distal points, 27, 382
  - massaged, 21
  - pain reduced using, 3n4, 5, 34, 36, 166, 241, 242,
    - 295, 296, 344
    - scar tissue, 170, 171, 177
    - tailbone injuries, 188
- Dizziness, 29, 48, 55, 107, 121, 234, 312, 382
  - treatment of, 335, 346, 388, 398, 410, 424, 431-32
- Dragon technique, 6, 136, 325, 373
- Drugs
  - addictive, 9, 83, 342, 403, 422
    - withdrawal from, 417
  - recreational, 10, 15, 98
  - See also Medications
- Du Mai channel, 73, 80, 186, 294, 319
  - treatment, 177, 303, 315, 320, 347, 377, 393
- Ears (mastoid bone), 25, 393, 427
  - area around bone, 27, 122
    - SCM muscle, 35, 173
  - ear piercing, 177
  - ear problems, 55, 64-65, 318, 328, 388, 444
    - diagnostic point for, 399
    - hearing loss, 272, 33, 290, 398, 426, 428
    - pressure pain at mastoid bone, 420
    - as symptom, 225, 234
    - tinnitus, 27, 33, 234, 290, 328, 388, 393, 398,
      - 420-28 *passim*, (case history) 236-37
    - treatment of, 290, 397, 398-99, 420, 424, 426,
      - 428
    - inner ear, 335, 424, 431
    - See also ENT (ear, nose and throat) infections
- Earth phase, Earth element, 248, 294, 308, 376, 379
  - Earth as center, 71, 72, 265-66
  - Spleen influenced by, 90, 93, 266, 274
  - Wood invading, 278, 423
- Earth points, 254, 282, 314, 340, 364, 414, 436

## Euler Index: 10

- on Fire channel, 276, 315
- Earth Yang, 354
- “East Wind.” *See* “Evil Wind”
- Eating disorders, 143, 442. *See also* Diet
- ECG (electrocardiogram), 8n16
- Echinacea and goldenseal, 63, 166
- Eczema. *See* Skin problems
- Edema (water stagnation), 21, 136, 280, (case history) 287
  - diagnostic point for, 290, 303
  - pulmonary, 81
  - in the stomach, 288
    - CV12 tapped for water sounds, 267, 268, 301
    - treatment of, 280, 362, 417
    - treatment points, 32, 123, 133, 243, 266, 281, 283, 286-87, 288, 326-27, 407
    - on Spleen meridian (Sp3-Sp11), 123, 133, 281,
      - 286-87, 288
- Elastic tape, 213
- Elbow pain, 444. *See also* Golfer’s elbow; Tennis elbow
- Elderly patients, 29, 48, 98, 201n405, 253, 359
  - bone fractures in, 207, 332, 335
  - moxa stimulation for, 251, 306
  - treatment of, 85, 346, 358
- Emotional factors, 218, 227, 318, 322, 324, 360, 428
  - emotional instability, 107
  - and pressure pain areas, 28, 311, 328
  - and psychosomatic components, 28, 310
  - “Seven Emotions,” 53, 367
  - See also* Stress
- Emphysema, 41, 193n390, 246, 247, 249, 364, 426
- Endometriosis, 16, 203, 386
  - diagnostic points for, 21, 32, 303, 343, 411
  - treatment of, 205, 284-85, 344, 361, 417, 423, 435
- ENT (ear, nose and throat) infections, 34, 55, (case history) 67. *See also* Ears; Nasal deviations;  
Throat
- Environmental pollutants, 63, 98n215
- Epicondylitis, lateral and medial, 318, 444
- Epinephrine, 83
- Epstein-Barr virus, 66
- Estrogen patch, 142
- Estrogen-progesterone imbalance, 106, 361-62
- Eustachian tube point, 297
- “Evil Bone,” “Evil Qi.” *See* Qi

## Euler Index: 11

- “Evil Wind” (“East Wind,” “External Wind”) area,
  - 53, 57, 58, 60, 62, 358
  - defense against, 67-70, 398
  - pressure pain at, 17, 36, 166
- Evolution, modern theory of, 294
- Extraordinary Vessel concept, 294, 300, 394
- Eyebrow, pressure on, 143
- Eyebrow scar (case history), 180
- Eye problems, 18, 22, 26, 51n127, 427
  - blindness (post-stroke), 350
  - cataract, 398
  - declining sight, 18, 234, 302, 362, 386, (case history), 50-51
  - drooping eyelid (ptosis), 255
  - dry eyes (underactive lachrymal glands), 29, 258, 425, (case history) 425-26
  - eye pain, 18, 107, 175, 409
    - treatment of, 19, 26, 43, 261, 319, 347, 438, (pulse and) 109-10, 289, 445
  - eye pain points, 241, 409, 419-20
  - floaters, 409, 425
  - fuzzy vision, 110, 261, 350
  - glaucoma, 289, 302, 438, 441, 445
  - itchy, burning, or sty, 258
  - scars around eye, 177
  - spasm below eye, 424
  - as symptom, 198
- Face. *See* Neck and face region
- Facelift operation, scars from, 173
- Family medical history, 9
- Fatigue. *See* Chronic fatigue immune deficiency syndrome (CFIDS)
- FDA (Food and Drug Administration), 449
- Feldenkeiss technique, 192, 206n408, 208
- Femoral triangle, 238, 239, 243
- Fertility treatments (case history), 380. *See also* Infertility
- Fever, 18, 41
- Fibroids, uterine, 32, 164, 203, 205, 211, 239, 343, 403
  - treatment of, 290, 361, 442
- Fibroma, 418, 442
- Fibromyalgia, 245, 277n531, 397
- Fire Element, 310, 409, 440
  - Fire-related organs, 317
  - Fire Yin channel, 276, 315
- Fire points, 274,
  - in diagnosis, 123n268, 440

## Euler Index: 12

- palpation of, 65, 153, 442-43, 444, 445
  - pain at, 86, 136, 250, 297, 363, (reduced)
- 340,
  - 441
- Pericardium, 133-34, 329, 386-87, 443
  - in treatment, 255, 259, 282, 308, 317, 321, 375,
- 411,
  - 437, 439
- Five-Elements theory, 14, 71-72, 93, 141, 247, 265-66, 274, 404
- “Flat back,” 187, 203
- “Floating White” point, 426
- Flu, 27, 34, 53, 55, 61, 256-57, 321-22, 358
  - treatment of, 353, 354, 364, 391, 397, 398
- Food. *See* Diet
- Foot, pressure points in, 110-11, 124, 135, 188,
  - 377, 409
- Bafeng, 51, 67, 167
- Foot problems, 445
  - arthritic inflammation, 285
  - bunion operation scars, 168, 178, 274
  - bunion pain, 94, 266, 267, 273-75, 281
  - cold feet and legs, 31, 44, 61, 110, 124, 282, 361
    - as symptom, 107, 128, 178, 270
  - eagle toes, 394
  - fulcrum imbalance, 210-15, 376
  - heel pain, 309, 338-39, 460
  - phantom pain, 417
  - and structural imbalance, 192, 202
  - tingling sensation, 234, 340-41
  - treatment of, 191n388, 460
- Forehead scars, 175
- Forgetfulness. *See* Memory problems
- Four-corner imbalance, 16, 192-94, 220, (case history) 194-95
- Four Oceans, 395-96
  - Ocean of Blood, 288-89, 294, 335, 351
  - Ocean of Marrow, 335
  - Ocean of Qi, 225, 288, 296, 333, 335
  - Ocean of Water and Grain, 292, 304, 335
- Frostbite, 309
- “Fukushin” abdominal diagnosis, 14
- Fulcrum imbalance, 210-15, 376
- Gall bladder
  - diagnosis and treatment of disease in, 31, 58, 176, 300, 325-26, 422, 423, 444
  - excessive, 164, 281, 428
  - gall bladder reflex, 301, 307

## Euler Index: 13

- gallstones, 389, 390, 411, 424, 444
- Gall Bladder meridian, 33, 112, 278, 317
  - Metal and Water treatment of, 439
  - overstretched, 217, 273
  - points on, 307-8, 352, 361, 363, 388, 409, 423-39
  - scars on, 165, 168, 173, 177
- Gangrene, 227
- Gao Fang Shu/Gaohuangshu (BI43). *See* Pressure points
- Gate of Breath, 68
- Gate or Door of Po, 17, 28, 32, 247, 253, 364
- Gate of Wind, 353
- Genetic irregularity, 191
- Genetic predisposition, 40, 41, 366
- Gingivitis, 444
- Glands, swollen, 34, 340. *See also* Adrenal glands;  
Lymphatic glands
- Glaucoma. *See* Eye problems
- Golfer's elbow, 174, 318, 444
- Gout, 417, 460
- Governing Vessel line, 45, 88, 116, 208, 243, 334, 427
  - points on, 26-29, 31-32, 110, 119, 188, 319
    - avoidance of, 109
    - and heart rate and pulse, 151
- Graves' disease, 140, 154, 442
- Gravitational influence, 72
- Groin, 280
  - pain in, 332, 346, 358, (case history) 412-13, 417
  - palpation of, 239-40
  - problems in, 32, 55, 290, 361, 442
    - pain or swelling, 242, 285, 402, 412, 445
    - pulling in, 299, (case history), 221-22
- Gu Qi, 294, 392
- Gynecological (GYN) problems, 24, 41, 86, 203, 205, 293, 304
  - checking ankle joint for, 211
  - edema, 303
  - hysterectomy, 20, 26, 86, 216, 386
    - scar from, 164, 177-78, (case histories), 183-84, 221
  - inner thigh compression and, 239, 240, 242-43
  - as symptom, 217, 287, 442
  - tailbone injury and, 186
  - treatment of, 31, 32, 281, 283, 361, 435, 460
  - vaginal discharge, 41, 284, 287
  - See also* Menstruation
- Gynecological reflex points, 21-22, 188, 283, 435

## Euler Index: 14

Hair loss, hypothyroidism and (case history), 156-57

Hallus valgus (bunion pain). *See* Foot problems

Hamstring muscles, 363, 388

### Hands

cold, 31, 190, 228, 258

as symptom, 107, 118, 172, 228

hand scar (case history), 184-85

numbness of fingers and arm, 234, 253, 256

puffy, 341

pressure points on, 35, 230, 319-20

thumb pain, 252

Yin and Yang meridians of, 443-45

Hara, the, 32, 68, 214, 293

blood stagnation in, 44-45, 178

clearing, 227, 319, 326, 401, 440

“busy,” 24, (case history) 24-25

“cold,” 240, 276-77, 290, 303, 361, 362

deficient, 135

gassy/bloated, 58, 176, 177, 266, 267, 347

pressure pain in, 144, 187

as reflection of the head, 20, 25

surgery in, 216

umbilicus the center of, 93

Hara diagnosis, 5, 14-17, 25-26, 56-58, 75, 281-82

Hashimoto’s disease, 94, (case history) 156

### Head

head or brain injury, 48, 356, 364, 427, 445

stagnation of blood to, *see* Blood, stagnation of

*See also* Neck and face region

Headache, 54n134, 422, 444, 445, 393, (case histories)

51-52, 117-18, 128-29, 194-95, 232-33

family history of, 427

migraine, 32, 43, 117-18, 175, 394, (case

histories),

117-18, 184-85

as symptom, 7, 107-8, 217, 225, 266, 303, 386

of emotional problems, 28, 428

of hormonal imbalance, 347

of kidney toxicity or deficiency, 331, 332

of scar injury, 172, 173, 174, 177, 186

of stagnation of Blood, 48, 252, 427

of vascular compression, 228, 234, 253, 312

treatment of, 319, 346, 361, 375, 412, 420

diode ring, 460

four-corner, 193

### Heart

“big” and “small,” 31n82

## Euler Index: 15

- enlarged, 133
- heart imbalances, 310
- Heart Qi, 68
- heart rate, *see* Pulse
- reflection zone of the, 22, 75
- strengthened by Liv1, 409
- Yang aspect of the, 317
- See also* Cardiac problems
- Heart meridian, 167, 318, 328, 374
  - pain along, 444
  - points on, 310-17
- Heat, 106, 107, 309, 310, 318n620, 440, 441n861
- “Heaven Cycle,” 141, 350, 376
- “Heaven Hinge,” 57, 196
- Hematoma, 41
- Hemorrhoids, 302, (case history) 251-52
  - treatment of, 32, 266, 287, 361, 362
- Heparin, 409
- Hepatitis, 19, 30, 54, 400, 401, 403, 404, 412, 422
- Hernias, 54, 55, 281, 285, 288, 299
- Hernia surgery, 103, 304
  - scars from, 178, (case history) 182-83
- Herpes zoster, herpes simplex, 258, 285, 309, 441, 442,
  - 444, 445
- He-Sea point, 287, 311, 343, 364, 384, 418, 436, 439
- Hiccups, 298
- Hip pain, 210, 211, 349, 388, 423, 434, (case history) 336
  - post-surgical, 198, 445, (case histories) 200-201, 352-53
- Hiroshima, atomic bombing of, 403
- Hogu muscles, 259
- Hormonal imbalance, 2, 41, 106, 252, 411
  - causes of, 18, 142, 175, 225
  - hormonal changes, 326
  - treatment of, 10, 21, 139-40, 292, 319, 348, 366
- Hormone replacement therapy, 98, 142
- Hormones, glycolytic, 158
- Huato Jiaji points, 235, 401
  - of cervical and lumbar spine, 49, 205-6, 208, 235,
    - 237, 243
  - Governing Vessel, 26-31, 109, 116
  - gummy points, 46
  - painful, 127, 129, 135, 150, 168
  - and thymus gland, 69
  - and thyroid Shu area, 148, 151

## Euler Index: 16

use contraindicated, 38

*See also* Pressure points C-3, C6, C7, C8, GV4,  
L1-L5, T1-T12

Hypercapria, 245n473

Hypercholesterolemia, 401, 403

Hyperplasia, 203, 403, 409, 417

Hypertension, 120, 124, 340, 349, 350. *See also*  
Blood

pressure imbalance

Hyperthyroidism, 147, 149, 153-57, 263, 340, 442,  
443

treatment of, 327-28, 342, 396

Hypoglycemia, hyperglycemia. *See* Sugar (glucose)  
imbalance

Hypothyroidism, 140, 148-53, (case history) 156-57

Hysterectomy. *See* Gynecological problems

I-Hi-Kon treatments, 85n192, 136, 138, 235, 350,  
359, 364, 374, 376

name of treatment explained, 167

of scar tissue, 175, 177, 180

*See also* Pressure points: BI40, BI58, BI60

Ileocecal valve reflex, 246, 296

Ileocecal valve spasm/problems, 295, 302, 303

Immune imbalances, 2, 24, 41, 44, 53-70, 301-2,  
358-

59, 397

Immune points, Nagano's, *see* Pressure points LI10-  
11, Sp3, Sp3.2; Tonsillar points, Nagano's

Immune reflex, 75, 76, 102, 294, 376

Immune treatment, 27

Immunity, low, 443

Impotence, 255, 290, 329-30, 414

Impotence point. *See* Pressure points: Lu10

Incontinence. *See* Urination

Infections, 18, 34, 36, 41

chronic sinus, 24, 57

focal, 54

streptococcal and staphylococcal, 3, 8, 23, 24,  
53, 54,

55, 57

viral and bacterial, 53

*See also* ENT (ear, nose and throat) infections

Infertility, 24, 211, 239, 326, 361

Influenza. *See* Flu

Inguinal ligament, 32, 33, 54n134, 238-39, 299, 332

palpation of, 23, 224-25, 240, 334, 433

pressure pain along, 23, 57, 75, 217-18, 435,  
(case history) 221-22



## Euler Index: 17

- treatment of, 225, 305, 342, 361-62, 396
- Inner ear, 335, 424, 431. *See also* Ears
- Inner Yin, 343, 435. *See also* Yin/Yang
- Insomnia. *See* Sleeping problems
- Instruments or tools, special, 4, 449-60
- Insulin and glucagons imbalance reflex, 29, 31
- Intake form, 7-13, 105
- "Internal Evil," 58
- Intestinal bleeding, 280. *See also* Digestive disorders
- Ion pumping cords, 4, 169-70, 227, 377, 395, 454-55
- Irritability as symptom, 121, 147, 177
- Irritable bowel syndrome, 203, 239, 242
- Itchiness, 283, 406, 411, (case history), 407-8
- Ito magnet stimulator (Pointer F-3), 4, 169, 206, 275-76, 206, 300, 315, 320, 453-54
- IUD (intrauterine device), 423, 435
  
- Jaw problems, 388
  - pain, 225, 396
- Jing Qi, 141, 294, 332
- Jing-River points, 253, 284, 308, 314, 321, 341, 375, 385, 416, 437
- Jing-Well point, 258, 318, 338, 356, 380, 389, 409, 453
- Joint pain, 443, (case history), 369-70. *See also* TMJ (temporomandibular joint) pain
- Josen point, 32, 203-4, 356, 435
- Jue Yin Shu, 33
- Jya-Kotsu, 27
  
- Keloid formation. *See* Scar tissue
- Kidney meridian, 99, 107, 177, 218, 241, 304
  - points on, 86, 337-46, 431
- Kidney Qi, 68, 69, 140, 247, 286, 333
- Kidney Shu, "Outside," 108
- Kidney Yin, 141
- Kidneys
  - brain correlated to, 26
  - functions of, 225, 247, 248, 332, 335
    - in Chinese medicine, 9, (ear correlated to) 33, 424, 431
  - inner thigh related to, 239
  - Lung related to, 247-48, 329
  - Metal and Water treatment, 154, 304, 310, 340, 343
  - moving Qi between, 392-93
  - reflection zone of the, 20-21
- Kidneys, disorders of, 98, 267, 329-37, 460

## Euler Index: 18

- kidney stones, 330, 360
- kidney toxicity, 331
- stress injuries, 89
- weakness/deficiency, 86, 187, 247, 250, 253, 255,
  - 329-35, 423
  - causes of, 83, 164
- Kidney stone (case history), 312-13
- Knee problems, 55, 202, 210, 250, 281, 310, (case history) 287
  - “crane knee,” 307
  - fluid in, 73, 363
  - knee pain (medial meniscus), 171, 198, 211, 267, 275-76, 315, 324
    - scars causing, 177
    - as symptom, 386, 394
    - treatment of, 33, 275-76, 283-85, 293, 305, 357,
      - 358, 434, 460, (major indications) 306
    - swollen knee, 218, 240, 308
- Kori (“hardness”), 62, 69, 123, 364
  - treatment of, 124, 126, 398
- Kyphosis, 207-8, 247, 326
- Kyutoshin. *See* Moxa stimulations (moxibustion)
  
- Labor. *See* Pregnancy
- Lab reports, helpfulness of, 8
- Lactation, difficulty in, 143
- Laminectomy, 164, 168, 203
- Large Intestine (Shu) meridian, 165, 198, 220, 246, 247, 248, 255, 443
  - damage to (case history), 257
  - points on, 256-64, 295, 301, 409, 414
- Large Intestine Mu, 303
- Laryngitis, 48, 297
- Leg, Yin and Yang meridians of, 442-43, 445
- Leg length, discrepancy in, 358
- Leukemia, 403
- Liao points, 116, 144, 243, 348, 361-62
- Life cycle, 333
- Life style, 10, 191, 210
- Lightning injury, 252-53, 307-8, (case history) 308
- Linea alba. *See* Ren Mai
- Liver
  - cancer of (case history), 102-3
  - inner thigh related to, 239
  - Liver Mu (Liv14), *see* Pressure points
  - Liver Qi, 68, 250
  - Liver reflexes, 18-19, 401, 403, 409, 412

## Euler Index: 19

- Liver Shu area, 117-18, 401, 406
- Lung related to, 248
  - sugar imbalance and, 269
  - tissue corresponding to, 277
- Liver imbalance/disorders, 41, 58, 266, 400-408
  - blood tests for, 404
  - Chinese theory about, 42, 98
  - chronic, 401
  - congestion, 402
  - diagnosis of, 400-401
  - Liver deficiency, 37, 44, 134, 400, 406-11, 422
  - Liver excess, 159, 401, 402-11, 422
  - rapid pulse and, 111
  - symptoms of, 356, 367, 400
  - treatment of, 6, 30, 158, 159, 410, 411
    - diode ring, 460
    - Metal and Water, 403, 414
- Liver meridian, 44, 103, 178, 241, 242, 243, 247
  - points on, 409-22
- Lordosis, 208
- Lower limb problems, 349, 359, 374
  - neuropathy, (case histories), 254, 429
  - See also* Foot problems
- Lumbar pain, 393. *See also* Back pain
- Lung, 28, 190, 310
  - Chinese concept of, 67, 426
    - Lung Qi, 68, 251
  - cold, effect of, 253
  - imbalanced, 303
  - Lung patterns, 246-47, 248-49
  - Lung reflex, 17, 32, 36, 62, 68, 183, 247, 301
  - related to immune system, 56
  - related to Kidney and Liver, 247-48
  - Stomach channel connected to, 294
  - umbilical cutting and, 90
- Lung meridian, 85, 108, 150, 167, 249, 252, 260, 443
  - points on, 247-56
- Lung problems
  - Kidney deficiency associated with, 329
  - treatment of (diode ring), 460
  - tuberculosis, 41, 246
- Luo point, 247, 248, 260, 283, 307, 322, 341, 374, 382, 386, 393, 417
  - Grand Luo pathway, Great Luo, 80, 290
- Luozen point, 230
- Lupus, 397
- Lyme disease, 242, 397
- Lymphatic flow, 226, 239, 240, 392-93, 444
- Lymphatic glands, 55, 56, 68-69, 242, 282, 426

## Euler Index: 20

- exhaustion or congestion of, 331, 420
- inflamed or swollen, 34, 442, 443, 444, 445
- Lymphatic tissue, 60, 61, 226
  
- Magnets, 4, 6, 300, 452-54
  - contraindicated, 173, 453
  - gauss, 453
  - left on after treatment, 145, 452-53
    - stimulation of (by tapping), 144, 153, 172, 390
  - for treatment of scar tissue, 169, 171-73, 177, 178, 189
  - for treatment of thyroid imbalance, 152, 157
- See also* Diode rings
- Malignancy, 8
- Manaka's hammer and dowel, 4, 88, 152, 327, 363, 454
- Manaka point, 395
- Marrow, meeting point of, 438
- Massage, 18, 21, 262, 374, 412
  - contraindicated, 173, 364
  - of lower back, 187, 188, 256
  - by patient, 323, 327, 429n837
    - rolling-pin, 178, 220, 243, 364
  - of shoulder and neck, 150, 259, 261
- Materials and methods, 449-60
- Medial meniscus pain. *See* Knee problems
- Medical diagnosis, need for, 7-8
- Medical history (of patient and family), 8-9, 11-13, 55-56
- Medications, 9-10
  - antibiotics, 41, 53, 54, 67, 98
  - blood thinner, 134
  - coumadin or heparin, 409, 410
  - effect of, 260
    - on pulse, 107, 125n273, 359
  - herbal, 63, 98, 166
  - hormone-balancing treatments together with, 140
  - hormone imbalance caused by, 142, 147
  - long-term or over-use of, 18, 19, 41, 85, 87, 98, 226, 239, 331, 422
  - opiates, 331
  - over the counter (OTC), 105
- Melancholy, 301
- Memory problems, 29, 177, 217, 234, 367, 427
- Meniere's disease, 55, 64, 388, 426
- Menopause, 41, 360, 361, 382-83, 412
- Menstruation, 141, 159, 406

## Euler Index: 21

- and depth of palpation, 15
- menstrual problems, 21, 32, 41, 239, 347
  - breast pain, 419
  - heavy bleeding, 31, 266, 283, 343, 361, 379
  - irregularity/pain, 46, 72, 147, 172, 186, 211, 280, 290, 361, 377, 412, (case history) 244
  - treatment of, 303, 304, 320, 326, 377
- Mental confusion, 234, 367
  - lack of concentration, 177, 286, 428, (case history) 51-52
- Metabolism, imbalanced fat, 59, 143, 148, 408, 422
- Metal channel (Yin/Yang), 44, 248, 250, 254, 255, 258, 259, 310
- Metal Element, 90, 246, 248, 250, 253, 426
- Metal points, 49, 247, 258, 284, 314, 318, 439
  - on Wood channel, 43, 416
- Metal and Water points, 389
  - on Bladder channel, 132
  - on Heart and Small Intestine meridians, 328
  - on Kidney meridian, 341-42, 431
  - on Liver meridian, 250, 409
  - moxa applied on, 136
  - on Stomach and Large Intestine channels, 63, 177, 256, 309
- Metal and Water point treatments, 65, 135n293, 295, 297, 390
  - of Bladder channel, 379, 380
  - effectiveness of, 167
  - of Heart meridian, 317
  - of Kidneys, 154, 304, 310, 340, 343
  - of Liver excess, 159, 403
  - Master Nagano's, 440-48
  - needling, 49, 111, 123, 166, 242, 376
  - on Pericardium meridian, 133n288, 384, 385
  - priority of, 212, 274, 363
  - in reducing pain, 21-22, 86, 108, 153-54, 159, 250, 379
  - scar tissue, 173, 176
  - of Spleen, 287
  - on Yang meridians, 453
- Metal Gate, 377
- Metallic taste in mouth, 403, 442
- Mineral imbalance. *See* Diet
- Ming Men. *See* Pressure points: GV4
- Mood swings, 412

## Euler Index: 22

- Morphine addiction, 9, 417
- Mother-Child relationship, 443
- Motion sickness, 307, 335
- Mouth, bad taste in, 287, 403, 411, 442
- Mouth sores, 258, 414, 444. *See also* Teeth
- Moxa stimulations (moxibustion), 3n4, 6, 449-51
  - for children, 28, 59, 62, 100
  - for cold feet, legs, and hands, 110, 248, 273
  - for cold abdomen, 279, 302
  - contraindicated, 249, 270, 424, 451
  - for hard navel area, 87
  - lbuki, 408
  - importance of, 68
  - Kyutoshin, 26, 306, 451
    - cold Hara and, 303
  - moxa cone (Okyu), 449
    - moxa transfer, 306, 438
  - patient's awareness of, 50, 133, 362
  - patient's dislike of, 101, 249
  - patient's home use of, 408, 417
  - pulse increased by, 130
  - salt moxa, 276-77, 330, 331
    - and Stomach Qi, 76, 77, 78
  - super pure, 4
- Mubunryu style of Hara diagnosis, 14
- Mu points, 295, 301, 302, 303, 307-8, 420, 422, 423
- Muscle pain, 277-80, 298, 300-301, 306, (case history) 280
  - as symptom, 266, 277, 406, 411
- Muscle spasms, 37, 53, 108, 193, 207, 268-69, 302, 355
  - treatment of, 159, 235, 271, 281
- Muscle weakness, 29, 147, 240, 289
- Mylar blankets, 61
- Myoma, 211
  
- Nasal deviations, 24, 54, 62-63, 168
  - boils in the nose, 377-78, (case histories) 378-79
  - treatment of, 177, (case history) 178-79
- Nasopharyngitis, 295
- Nasopharynx, home rinsing of, 25, 63, 166, 177
- Nausea and vomiting, 48, 55, 107, 110, 143, 234, 306, 366. *See also* Stomach problems
- Navel, 344-45
  - cold, treatment of, 276-77
  - pain around, 442
  - pulsating around, 132

## Euler Index: 23

- treating hardness of, 87-88
- Navel imbalance, 2
- Neck and face region
  - diagnosis of, 33-37, 58-59
  - face, nerve damage to, 256
  - facelift, scars from, 173
  - facial injury, 444
  - facial pain, 72, 256, 307, (case history) 232-33
  - facial paralysis, 438 (*see also* Bell's palsy)
  - facial twitching or tics, 108, 173, 281, 424, 437
  - moon face (nephrosis), 262, 337, 358, 442
  - neck pain, 303, 349, 435, 443, (case histories) 94-96, 128-29, 231-33, 236-37
    - as symptom, 198, 322
    - treatment of, 30, 125-26, 268, 359, 460
  - neck spasms (case history), 207
  - neck tension, 29, (case history) 194-95
  - neurovascular compression of, 2, 33, 174, 227-30,
    - 253, 298, 312, (case histories) 231-33
  - nose, boils in, 377-78, (case histories) 378-79
  - palpation of the neck, 122-23, 227, 228-30
  - pressure pain in, 27, 29
  - red face and cheeks, 121, 126
  - scarred neck, 172-75, (case history) 179-80
  - stiff neck, 319, 398, 401
- Needles, 449, 455
  - Acunet, 204
  - contraindicated, 179n376, 204, 263, 356, 363, 367n724, 375
  - for harder or scar tissue, 95n209, 168-69
  - for larger or obese patients, 176
  - "needle shock," 213n412
  - number of at one insertion, 6, 194, 245
  - as preferred choice, 173
- Nei Ching point, 214
- Nephritis, 442, 443
- Nephrosis (moon face), 262, 337, 358, 442
- Neuralgia, 349, 460
  - intercostal, 285, 443
  - post-herpetic (case history), 370-71
  - trigeminal, 29, 309, 394, 444, 445
- Neuroma, 445
- Neuropathy
  - diabetic, 228, 253
  - in lower limbs (case histories) 254, 429
- Neurosis, 41, 460
- Neurovascular compression, 226-33
  - of inner thigh, 23, 41, 57n139, 218n419, 238-44,

## Euler Index: 24

- 307
    - diagnostic feature and diagnosis of, 43, 217, 239-41
    - treatment of, 44, 225, 242-43, 402
  - of the neck, 2, 33, 227-30
    - scars from, 173-74
  - of subclavian artery, 174-75
  - of vertebral artery, 2, 234-36, 376
- Nicotine. *See* Smoking
- Nine Stars of life, 91-93, 265
- Nogier ear chart, 177
- “North Star,” 337
- Novocaine in treatment, 90, 94
- Numbness of limbs and fingers, 32, 48, 234, 253
  - after vaccination, 256
- N-UE-19 points. *See* Yaotongxue points
- Obesity, 239, 403, 411, 422
  - and Liver imbalance, 408
  - and moxibustion, 422
  - and needle size, 176, 219
  - and palpation, 15n29
  - and visceroptosis, 216, 220, 315
- Oceans. *See* Four Oceans
- Ocean points, 312, 323
- Ocean theory, 80, 318, 338
- Oddi point, sphincter of, 279
  - treatment of, 37, 167, 233, 270, 300, 326
    - combined with other points, 158, 242, 437n853
- Oketsu, 1n1, 18, 40-45, 58, 154, 242, 266, 301
  - chronic, 355, 362
  - diagnosis of, 42-43, 303, 344
  - pituitary imbalance and, 140, 144
  - signs and symptoms of, 42, 427
  - treatment of, 26, 30, 245, 402, 416-17
    - alternatives to, 25, 99
    - combined with treatment of stagnation of blood
      - in the head, 49
      - essential, 125
      - first to be performed, 248
      - moxibustion, 43-44, 45, 236
      - relieving pressure pain, 37, 43-45, 71, 109-10, 116, 132, 156, 242, 248, 290, 305
- “*Oketsu Kai*” (lump), 42, 45, 48, 302, 304, 427
- Oketsu reflex, 15, 19, 37, 44, 62n152, 75, 123, 248, 294



## Euler Index: 25

- Okyu (moxa cone). *See* Moxa stimulations (moxibustion)
- Ophthalmopathy, 154
- Organs, 3, 304
  - disharmony of, 14
  - the mind's influence on, 33
  - Organ patterns, 245-47
  - Organ treatments, 5, 25
  - prolapsed, 54, 55
  - Zang Fu, 3, 33, 57, 67, 68, 245, 392
- Osteoarthritis, 338, 364, (case history) 96-97
- Osteopathy, 192, 224
- Osteoporosis, 48, 147, 150, 207, 312, 330, 338, 352
- Otitis, 48
- Ovarian problems, 9, 21, 303-4, 442, 443
  - hormone imbalance and, 144
  - ovarian cyst, 211, 418, (case history) 448
  - See also* Gynecological (GYN) problems
- Ovaries, removal of, 9, 86, 303, 442
- Ovary reflex, 97, 243
- Oxygen point, 364
- Oxygenation problems, 135, 253, 254
- Pacemakers, 107
- Pachi-Pachi sparker, 3n4, 4, 6, 227, 456, 457, 459
  - aluminum foil used with, 456, 457, 459
- Pain, chronic, 41. *See also individual ailments*
- Painkillers, 41
  - effect of on diagnosis, 10
  - See also* Medications
- Palpation, 5, 198
  - abdominal, *see* Abdomen
  - diagnostic, of cardiac problem, 131-32
  - of inner thigh, 239-40
  - of the neck, 122-23, 227, 228-30
  - of scar, 164
  - of SCM, 36, 58, 99, 148
  - sensitivity/insensitivity to, 9-10, 15, 21
  - of the umbilicus, 14, 18, 82, 83-84, 94
  - See also* Pressure points
- Palpitations, 174, 285
  - as symptom, 107, 121, 172, 382, 393
  - treatment of, 134, 135, 283
- Pancreas imbalance, pancreatitis, 28, 31, 157, 159, 269, 284, 300-301, (case history) 100-101
- Pancreas reflex, 377
- Paralysis, 192, 423
  - facial, 438 (*see also* Bell's palsy)
- Paresthesia, 110, 173, 178, 227, 234, 312, 356, 460

## Euler Index: 26

- Parkinson's disease, 108, 234, 445
  - treatment of, 289, 349, 387, 426, 438
- Parotin hormone, 333, 346
- Pectoral muscle pain, 198
- Pelvic imbalance, 23-24, 211, 217n418, 224-25, 239-40,
  - 293, 305, 388
- Pelvic inflammatory disease (PID), 21, 241, 280, 284, 287,
  - 423, 435, 442
- Pelvic organs, disorders in, 202-3, 384, 386, 418
  - stagnation of blood in, 288
- Penetrating Vessel. *See* Chong Mai
- Penis problems, 442
- Pericardium, 92n205, 128, 273, 280-81, 285, 317, 409
  - Chinese Fire point of, 329
  - disorders of, 381-87
- Pericardium channel/meridian, 111-12
  - points on, 116, 133, 167, 314, 383-87, 443
  - treatment, 49, 123-24, 285-86, 322, 338, 383, 428
- Perspiration. *See* Sweating
- Pfannenstiel's incision (bikini cut), 164
- Phantom pain, 417, (case history) 181-82
- Phrenic nerve imbalance, 298
- Phrenic nerve reflex, 27
- Piriformis muscle, 219-20, 223, 299, 423, 435-36
- Pitressin (medication), 142
- Pituitary imbalance, 106, 140-46, 225, 318
  - diagnosis and treatment of, 143-45, 319, 326-27, 347-48, 349-50, 388
  - factors leading to, 141-42
- PMS (premenstrual syndrome, 41, 186, 343, 393, 412
  - and breast pain, 419
  - as symptom, 147, 172, 178
  - treatment of, 49, 205, 303, 320, 442
- Pneumonia, 246, 444
- Po, 17, 28, 32, 247, 253. *See also* Gate or Door of Po
- Pointer F3. *See* Ito magnet stimulator
- Poisoning cases, 331, 342
  - food poisoning, 377
- Poison ivy, 262, (case history) 101-2
- Polio, spinal changes following, 205, 208-9, (case history) 209
- Posture, 41, 191, 192, 210, 226, 239, 311, 359, 434
  - kyphosis and lordosis, 207-8

## Euler Index: 27

- Pregnancy, 366, 368, 411
  - joint and abdominal pain after labor, 369-70
  - morning sickness, 285, 326
  - post-pregnancy problems, 326
  - Stomach Qi and, 72, 306
  - and visceroptosis, 216, 217, 241, (case history)  
223-24
- Prenatal conditions, 151, 215-16, 366, 368
- Pressure pain, 5-6
  - on ankle, 3n4
  - “busy Hara,” 24-25
  - change in, body changes and, 8n16
  - and depth of palpation, 15
  - as diagnostic finding, 9, 16, 17, 20-24, 26, 56
  - digestive disorders and, 19
  - incorrect diagnosis and, 16
  - renal artery constriction and, 83
  - See also* Pressure points
- Pressure points
  - Bl1, 143n310, 145, 347
  - Bl2 (*zan zhu*, “Pituitary Mu”) 19, 143-45, 149
    - described, 347-49
    - headaches starting from, 412
    - pain at, 154, 180, 304, 319, 326-27, 375
    - pain reduced by, 22, 320
  - Bl6 (*cheng guang*), described, 349
  - Above Bl10, 349-50
  - Bl10 (*tian zhu*), 37, 122, 125, 143-45, 149, 375
    - described, 350
    - treated, 235, 319
  - Bl11 (*da zhu*), 225, 317, 333
    - described, 351-52
    - other points combined with, 48, 116, 208, 296,  
304, 334-35, 396
  - Bl12 (*feng men*), 116, 144, 359
    - described, 353-54
  - Bl13 (*fei shu*), 116, 320, 353, 377
    - described, 354
  - Bl14, 116, 394
  - Bl15 (*xin shu*) 116, 135, 394
    - described, 354
  - Bl17 (*ge shu*), 6, 363, 373
    - described, 355-56
    - other points combined with, 22, 116, 339
    - pressure pain at, 30, 37, 43, 45, 402
  - Bl18 (*gan shu*), 355, 363, 398
    - described, 356-57
    - pressure pain at, 30, 37, 43, 45

**Euler Index: 28**

- BI19, 402
- BI20 (*pi shu*), 271, 355
  - described, 357
- BI21, 271, 355, 357
- BI23 (*shen shu*), 59, 187, 221, 359, 364
  - described, 358
- BI25 (*da chang shu*), 59, 220, 221
  - described, 358-60
- BI27 (*xiao chang shu*), 116, 132, 134
  - described, 360
- BI28 (*pang guang shu*), described, 360
- BI31-BI34 (liao points), 361-62
- BI35 (*hui yang*), 43, 356, 357, 401
  - described, 362-63
  - reducing pressure pain, 30, 45, 402
- BI36 (*cheng fu*), 376, 445
  - described, 363
- BI39, 364
- BI40 or UB40 (*wei zhong*), 50, 180n377, 235, 374,
  - 376
  - described, 364
- BI41, 364
- BI42 (*po hu*), 116, 362, 412
  - described, 364-65
- BI43 (*gao huang shu*), 116, 153, 325, 362-63, 364
  - described, 365-69
  - prenatal importance of, 151
  - pressure pain at, 359, 406-7, 410, 411
- BI44, 135, 409
- BI45 (*yi xi*), described, 373-74
- BI46, 116
- BI49 (*Yi She [House/Storage of Yi]*), 354
  - described, 374
- BI52, 59, 364
- BI58 or UB58 (*fei yang*), 138, 167, 235, 376
  - described, 374-75
  - other points used with, 50, 364
- BI59 (*fu yang*), 348
  - described, 375
- BI60 or UB60 (*kun lun*), 132-33, 235, 320, 350, 375,
  - 376, 441
  - described, 375-76
  - other points combined with, 321, 322, 364
  - palpation of, 325, 379
  - pressure pain at, 135, 138, 325, 363, 379,

**Euler Index: 29**

- BI62 (*shen mai*), 212-13, 309, 319, 320, 341, 376
  - described, 376-77
  - as master point, 214
- BI63 (*jin men*), 213, 285, 287, 304
  - described, 377
- BI66 (*tong gu*), 188, 297, 322n626, 391
  - described, 379-80
  - reducing pain, 133n287, 135, 138, 325, 376, 445
- BI67 (*zhi yin*), 322n626
  - described, 380
  - reducing pain, 133n287, 135, 138, 325, 376, 379, 445
- BL2, 327, 358
- BL23, 219
- BL25, 203
- BL44, 116
- BL60, 136
- C1, 227, 229, 230, 234, 236, 375, 393
- C2, 27, 96, 234
- C3, 27, 228n437, 311, 362-63, 409-10
  - pressure pain at, 37, 111, 134, 159n337, 236, 298, 400n795, 401
- C4, 27
- C5, 27
- C6, 148, 150-51, 157, 188, 228n437, 236, 299
- C7, 27, 148, 150-51, 157, 188, 230, 236, 299, 318
- C8, 259
- CV1, 217
- CV2, 290, 418, 424, 435
- CV3 ("North Star"), 253, 287, 337, 339, 418
  - pressure pain at, 143, 144, 327, 435
- CV4, 38, 109, 134, 153, 310, 317-18, 339, 430n840
  - pressure pain at, 132, 366
- CV5, 224-25, 333-34, 339, 342
- CV6, 19, 20, 38, 80, 208, 323, 360, 408
  - alternate name for, 368
  - importance of, as treatment point, 153
  - other points combined with, 125, 288-89, 422
  - pressure pain at, 86, 224-25, 333-34, 342, 366
  - treating rapid pulse, 109, 134, 153
- CV7, 14, 220
- CV8, 87, 276, 366
- CV9, 14, 19, 218, 301
- CV11, 276-77

Euler Index: 30

- CV12, 208, 252, 266, 317, 343, 434
  - pressure pain at, 75, 159, 278, 288, 289, 347,  
(pain reduced) 276-77, 286, 354
  - tapping on, for water sounds, 267, 268, 301
- CV13, 276-77, 317
- CV14, 125, 312, 347
- CV15, 36, 125, 174, 229-30, 298, 312, 347, 374
- CV16, 36, 229
- CV17, 68, 266, 347, 382
  - pressure pain at, 111-12, 132, 134, 382, 388,  
443, (pain reduced) 124, 354, 374, 385,  
394
  - Triple Warmer connection to, 387
- CV21, 144n313, 145, 327
- CV22, 34, 155, 172, 328
- GB1, 349
- GB2 (*ting hui*), described, 424
- GB4, GB5, GB6, 145, 424-26
- GB9, 426
- GB10 (*fu bai*), 424
  - described, 426
- GB11, 426
- GB12, 420, 426, 427
- GB15, 427
- GB16, 45, 110, 303, 422, 427
- GB17 (*zheng ying*), described, 427
- GB20, 27, 37, 45, 125, 235, 303, 339, 427
  - pressure pain at, 422, (pain reduced) 27
- GB21 (*jian jing*), 150, 219, 281n537, 296, 397
  - described, 428
  - pressure pain at, 109, 266, 385, 442, (pain  
reduced) 95, 123, 268, 288
- GB22 (*yuan ye*), 29, 424, 424, 430
  - described, 428-29
- GB23 (*zhe jin*), 423-24
  - described, 430-32
- GB25, (*jing men*), 21, 423
  - described, 432
  - needled, 108, 187, 219, 221
  - other points combined with, 254, 359, 360
  - pressure pain at, 24, 59, (pain reduced) 20,
- 86
- GB26 (*dai mai*), 64n159, 196-97, 199, 324, 408,  
422
  - described, 432-33
  - pressure pain at, 24, 249, 323, 341, (pain  
reduced) 23, 64, 154, 198
- GB26-GB28, 85, 330, 423 (*see also* Dai Mai  
imbalance)

## Euler Index: 31

- GB27 (*wu shu*), described, 433-34
- GB29 (*ju liao*), 288, 302  
described, 434
- GB30 (*huan tiao*), described, 435
- GB31 (*feng shi*), 219, 221, 223, 299, 376, 423  
described, 435-36
- GB34 (*yang ling quan*), 391, 417, 423, 436  
described, 436
- GB35, 395
- GB38 (*yang fu*), 173, 281n538, 387, 439n854,  
441,  
445  
described, 437
- GB39 (*jue qu*), 154, 205, 206, 208, 288  
described, 438
- GB40 (*qiu xu*), 35, 36, 61n150, 63, 112,  
116, 124n270, 295, 309, 387  
described, 438  
other points combined with, 390, 426  
in scar tissue treatment, 167, 172, 177n374
- GB41 (*zu lin qi*), 35, 36, 61n150, 112, 124n170.  
133n289, 278, 423, 436  
described, 438-39  
other points combined with, 394, 426  
in scar tissue treatment, 167, 171, 172,  
177n374
- GB42, 439
- GB43 (*xia xi*), 31, 173, 301, 326, 389, 411n809,  
424,  
437, 444  
described, 439
- GB44 (*zu qiao yin*), 31, 173, 301, 326, 389,  
411n809, 437, 444  
described, 439
- GV1, 339, 362
- GV2 ("Gate of Po"), 110, 362, 435  
palpation of, 151, 188  
pressure pain at, 18, 43, 149, 186, 253-54  
treatment of, 32, 109, 115
- GV3, 31
- GV4 (Ming Men), 90-91, 93, 132-33, 136, 379,  
392  
needling of, 31, 88, 116, 151, 325
- GV5, 109
- GV6, 28, 29, 109, 151, 271, 362
- GV7, 29, 271
- GV8, 28, 29
- GV9, 28, 116
- GV10, 28

## Euler Index: 32

- GV11, 59, 116, 149, 151, 181n378
- GV12, 28, 166, 353, 359
  - pressure pain at, 24, 59, 149, 151
  - treatment of, 116, (moxa) 62
- GV13, 28, 116
- GV14, 166, 317, 351, 353, 392, 428
  - pressure pain at, 59, 151, 391
  - thickening of tissues around, 28, 148
  - treatment of, 25, 32, 62, 66, 109, 116, 130, 188, 359n703, 373
- GV15, 334, 339, 350
- GV20, 50, 109, 172, 252, 349
  - gummy feeling at, 49, 121n262, 122
  - pressure pain at, 124, 297
- GV23, 24
- GV24, 113, 114
- GV26 (*ren zhong*), 256, 262
- Ht1 (*ji quan*), described, 311
- Ht2 (*qing ling*), described, 311
- Ht3 (*shao hai*), 299, 314, 317, 318
  - described, 311-12
  - needled, 36, 133, 172, 218, 220, 230, 322,
- 348
  - other points combined with, 19, 159, 304, 375, 384, 402, 403-4, 405
  - pressure pain at, 132, 445 (pain reduced)
- 135,
  - 324, 444
- Ht4 (*ling dao*), 317, 318, 420
  - described, 314
- Ht7 (*shen men*), 6, 18-19, 84-85, 172, 175, 276, 311n601, 321
  - described, 314-17
- Ht8 (*shao fu*), 135, 311, 314, 318, 444
  - described, 317
- Kid1 (*yong quan*), 125-26, 213, 356, 427
  - described, 338-40
- Kid1-Kid7, 337
- Kid2 (*ran gu*), 338, 348
  - described, 340
  - pressure pain at, 21, 86, 107-8, 153, 177, 243, 284n542, 297, 304, 343, 396, 431, 443, (pain reduced) 34, 97, 149, 342
- Kid3 (*tai xi*), 85, 177, 341
  - described, 340-41
  - other points combined with, 251, 346, 396



- pressure pain reduced by, 21, 34, 106, 109, 151, 297
- used instead of Kid6, 330
- Kid4 (*da zhong*), described, 341
- Kid6 (*zhao hai*), 59, 212, 252, 284, 333, 376, 377
  - described, 341
  - magnets on, 88, 453
  - as master point, 214
  - needled, 20, 159, 174, 213, 320, 329, 359n703, 386, 437n853
  - reducing pressure pain, 6, 84, 116, 166, 270
  - replaced by Kid7, Kid10 or Kid3, 85-86, 109, 201n404, 330
  - treating adrenal gland, 25n64, 51n125, 61, 116, 158, 159, 227n434, 251, 285, 346
- Kid7 (*fu liu*), 97, 304, 309, 338, 352
  - described, 341-42
  - magnets on, 208
  - needled, 24, 108, 153-54, 199, 284n542, 340, 402, 403, (stimulated) 205, 243
  - Oketsu treatment by, 19, 48
  - other points combined with, 61n150, 346, 384, 394, 405, 441n859, 442-43
  - reducing pain, 21, 23, 24, 86, 159, 177, 199, 274, 297, 358
  - replacing Kid6, Kid3 or Kid2, 85, 109, 201n404, 330, 396
  - in scar tissue treatment, 178, 187, 201
- Kid8, 108, 331
- Kid9 (*zhu bin*), 99, 208, 283, 332, 333, 337
  - described, 342
  - dizziness treated through, 424, 431
  - importance of, 335
  - moxa on, 331
  - needled, 100, 153-54, 225, 334
  - other points combined with, 61n150, 85, 262, 346, 352, 396, 417
  - reducing pain, 21, 23, 151, 217n418, 251n490, 296, 330-31, 407
- Kid10 (*yin gu*), 37, 49, 178, 241
  - described, 343
  - needled, 108, 153-54, 177, 235, 243, 284n542,

## Euler Index: 34

- 340
  - other points combined with, 85, 375,
- 441n859,
  - 442-43
    - reducing pain, 21, 34, 151, 304, 350, 427
    - replacing Kid6, Kid3 or Kid2, 85-86, 297, 396
- Kid11, 183-84, 241, 424, 435
- Kid12, 424, 435
- Kid13 (*qi xue*), 21, 22, 125, 188, 266
  - described, 343-44
  - pressure pain at, 86, 123, 144, 242, 267, 283, 418
- Kid15 (*zhong zhu*), 1n1, 26, 58, 302
  - described, 344
  - pressure pain at, 18, 19, 42, 43, 46, 401, 402
- Kid16 (*huang shu*), 19, 144, 157, 323, 368, 423
  - described, 344-45
  - magnets on, 88
  - moxibustion of, 330, 366
  - needled, 36, 87, 157, 174, 274
  - palpation of, 14, 20, 82, 166, 188, 230, 270
  - pressure pain at, 86, 140, 267, 329, 330, 366, (pain reduced) 21, 84, 85, 148, 229, 312,
- 395
  - relationship of, with umbilicus, 14, 368
- Kid22-Kid26, 345-46
- Kid23-Kid27, 132, 246, 249, 374
- Kid27 (*shu fu*), 332, 333, 335, 338, 351-52
  - described, 346
  - magnets on, 88, 453
  - needled, 20, 36, 166, 225, 330, 331, 334, 386,
- 437n853
  - other points combined with, 296, 304, 340,
- 377
  - pressure pain at, 6, 86, 172, (pain reduced) 84-85, 116, 175, 217n418, 270, 315
  - scars on, 168, 172, 201
  - treating adrenal gland, 25n64, 51n125,
- 61n150,
  - 158, 159, 227n434, 251, 274, 285, 342
- L1, 32-33
- L2, 31, 32-33
- L3, 31, 33, 268, 288
- L4, 31, 33, 203-4, 208, 266, 281n539, 288, 304, 312
  - laminectomy scar at, 164, 168
  - pressure pain at, 267, 268, 274, 275, 358
- L5, 31, 32, 33, 204, 208, 266, 288

## Euler Index: 35

- laminectomy scar at, 164, 168
- pressure pain at, 203, 220, 230, 258, 267, 268,
  - 274, 304, 310, 358, 444
  - rotation of, 218, 305n589, 312
- LI1 (*shang yang*), 65
  - described, 258
- LI2 (*er jian*), 65
  - described, 258
- LI4 (*he gu*), 19, 125, 255, 257, 286, 453
  - described, 258-59
- LI5 (*yang xi*), 65, 255, 257, 258, 414, 444
  - described, 259-60
  - needled, 445
- LI6 (*pian li*), 258, 314
  - described, 260
- LI10-LI11, 166, 399, 453
  - gummy point at, 5, 66
  - as Master Nagano's "immune points," 260-61, 297, 302, 340
  - treatment by, 17, 23, 34, 36, 43, 59-60, 61, 242,
    - (as treatment of choice) 256
- LI13, 256
- LI14 (*bi nao*), 297, 398
  - described, 261-62
- LI15 (*jian yu*), 34, 297, 323, 453
  - described, 262
  - palpation of, 99, 218
  - treatment, 45, 106, 199, 283, 297, 334,
    - (detoxification) 150, 331, 335, 342, 417
- LI17 (*tian ding*), described, 263
- LI17-18, 154-55
- LI18, 328
- LI19, 263
- LI20 (*ying xiang*), described, 263-64
- Liv1 (*da dun*), 111, 132-33, 361, 401, 406-7
  - described, 409-11
  - Liv2 combined with, 412
  - pressure pain at, 135, (pain reduced) 134, 298
- Liv2 (*xing jian*), 348, 375, 411, 412
  - described, 411-12
  - pressure pain at, 22, 159, 344, 403, 407, 442
- Liv3 (*tai chong*), 19, 409, (case histories) 415-16
  - described, 414-15
  - needled, 25, 159, 278, 404-5, 436
- Liv4 (*zhong feng*), 1n1, 284, 303, 442
  - described, 416-17

**Euler Index: 36**

- Lu5 used with, 250, 251, 290, 302, 304, 427  
(see also Lu5)
- Oketsu treatment, 19, 166, 248, 266, 402,
- 409
  - pressure pain at, 18, 319, 403, 404, (pain reduced) 242, 409, 412, (related to Oketsu)
    - 18, 43, 44-45, 109-10, 290
    - scar tissue treatment, 166, 178
- Liv5 (*li gou*), 242, 262, 284-85, 385, 409
  - described, 417-18
  - in detoxification, 331, 342
  - pressure pain reduced, 22, 344
  - use contraindicated, 417
- Liv8 (*qu quan*), 22, 37, 49, 129, 178, 235, 241, 242-43, 274, 409, 417
  - described, 418
  - moxibustion of, 409, 442
  - needled, 49, 129, 235, 243, 403
  - other points combined with, 375, 396, 435
  - pressure pain reduced, 242, 344, 350, 411,
- 427
  - Liv11, 241
  - Liv13 (*zhang men*, Spleen Mu), 25, 159, 302
    - described, 420
    - pressure pain reduced, 27, 34, 64, 395, 399, 404
  - Liv14 (*qi men*), 25, 111, 134
    - described, 422
    - other points combined with, 422 more?
    - pressure pain at, 135, 159, 269, 270, 347, 400,
      - 401-8, 410-11, 414, (pain reduced) 409
- Lu1 (*zhong fu*), 199n400, 323
  - described, 248-49
  - pressure pain at, 46, 85, 197, 250, 329, (pain reduced) 183
- Lu2 (*yun men*), 183, 197, 246, 248, 250, 329
  - described, 249
- Lu4 (*xia bai*), 17, 34, 133, 135, 150, 157, 346
  - described, 249
  - as "Oxygen supply point," 249, 297, 298
- Lu5 (*chi ze*), 49, 252, 303, 444
  - described, 250-51
  - needled, 1n1, 284, 329, 330
  - Oketsu treatment, 19, 43-45, 109-10, 166,
- 266,
  - 402, 409

## Euler Index: 37

- other points combined with, 251, 352, 377
  - pressure pain at, 340, 346, (pain reduced)
- 84-85,
  - 86, 108, 116, 247, 249, (related to Oketsu) 18,
    - 248, 290, 302, 304, 402, 426, 427
  - scar tissue treatment, 166, 178
  - treating adrenal gland, 25n64, 285, 342
- Lu6 (*kong zui*), 248, 281n536, 287
  - described, 251-52
- Lu7 (*lie que*), 174, 205, 247, 248
  - described, 252-53
  - magnets on, 206
  - needled, 36, 302, 321
  - other points combined with, 286, 307, 320,
- 377,
  - 438
- Lu8 (*jing qu*), 18, 174, 252, 346, 443n864
  - described, 253-54
  - pressure pain on, 302, 312, (pain reduced)
- 32,
  - 108, 187, 188, 229-30, 250, 302, 340
  - as treatment of choice, 247, 248, 298
- Lu9 (*tai yuan*), 18, 174, 187, 188, 229-30, 248,
  - 252, 298, 321, 329
  - described, 254-55
  - used with LI5, 259-60
- Lu10 (*yu ji*, "impotence point"), 135, 248, 329-30, 441
  - described, 255-56
  - moxibustion of, 6, 187, 358, 364
  - pressure pain at, 108, 255, 340, 343, 443,
    - (pain reduced) 149, 153
- Pc1 (*tian chi*), described, 384
- Pc3 (*qu ze*), 111, 123, 395, 444
  - described, 384
  - needled, 49, 133, 285n543, 387, 443
  - pressure pain at, 406-7
- Pc4 (*xi men*) or JPc4 (Japanese Pc4), 19, 133, 159,
  - 362, 402, 403-4
  - described, 384-85
  - as substitute for Pc8, 111, 124, 285n543
  - pressure pain on, 132, 134, (pain reduced) 22
- Pc5 (*jian shi*), 49, 111, 123, 133, 387, 443
  - described, 385
- Pc6 (*nei guan*), 22, 133, 172, 178, 242, 282, 312, 385
  - described, 386

**Euler Index: 38**

- magnets at, 276, 300
- moxibustion of, 286, 298
- needled, 49, 111, 168, 285n543, 387, 394,
- 443
  - substituted for Pc8, 124
  - Pc7, 285n543, 391, 395
  - Pc8 (*lao gong*), 49, 135, 266, 441
    - described, 386-87
    - Pc4, Pc6 substituted for, 111, 124, 137n297, 285n543
  - pressure pain at, 133-34, 286, 382, 384, 385, 443,
    - (pain reduced) 111, 123
  - S1, 32, 203, 312, 358
  - SI1 (*shao ze*), 173, 321, 444
    - described, 318-19
  - SI2 (*qian gu*), 173, 229, 316, 321
    - described, 319
  - SI3 (*hou xi*), 154, 304, 318, 322, 327, 347, 376-77
    - described, 319-20
  - SI5 (*yang gu*), 173, 316, 318, 319, 444, 445
    - described, 321-22
  - SI7 (*zhi zheng*), 318, 322, 324
    - described, 322-23
  - SI8 (*xiao hai*), 288, 312, 314, 318, 445
    - described, 323
  - SI9 (*jian zhen*), 199, 200, 220, 317, 318, 324
    - described, 323-24
  - SI10 (*nao shu*), 328
    - described, 324
  - SI11 (*tian zong*), 6, 318, 373, 375, 445
    - described, 324-25
    - needled, 356, 376
    - pressure pain at, 33, 116, 135-36, 314, 328, 391,
      - (pain reduced) 379-80
  - SI13 (*qu yuan*), 143, 144-45, 296, 319, 444
    - described, 326-27
  - SI15, 317, 328
  - SI16 (*tian chuang*), 154-55, 263, 328
    - described, 327-28
  - SI17, 328
  - SI19 (*ting gong*), 398,
    - described, 328
  - Sp2 (*dadu*), 274, 282, 287, 288, 403n797, 442
    - described, 282
  - Sp3 (*taibai*), 22, 25, 123n266, 132, 230, 242, 274, 312

## Euler Index: 39

described, 282-83  
other points combined with, 289, 298, 304,  
362  
pain reduced, 21, 276, 301  
Sp4 antagonistic to, 284  
Sp3.2 (Nagano's Sp3), 29, 81, 158, 227n434,  
229  
described, 283  
needled, 36, 159, 174, 268, 271, 278,  
437n853  
other points combined with, 288, 338  
pain reduced, 242, 298  
in Spleen treatment, 133, 270, 281, 333, 411  
Sp4 (*gongsun*), 22, 133, 229, 242, 273,  
281n539, 300  
described, 283-84  
as master point, 274, 275-76  
other points combined with, 251, 288, 305,  
(contraindicated) 386  
in scar tissue treatment, 171, 172, 178  
Sp5 (*shangqiu*), 17, 171, 262, 309, 385,  
403n797  
described, 284-85  
needled, 20, 242, 282, 442  
other points combined with, 391, 399, 427,  
441n859  
Sp6 (*sanyinjiao*), 132, 133, 218, 281n536, 339  
described, 285-86  
needled, 49, 437  
other points combined with, 242, 252, 286,  
288,  
304, 312, 338, 348, 386, 395, 438  
Sp7 (*loughu*, leaking valley), 19, 21, 123n266,  
132,  
133, 281n536, 282, 304  
described, 286-87  
needled, 65, 133, 159, 404  
other points combined with, 283, 289, 309,  
384,  
396, 402, 403, 441n859  
Sp9 (*yinglingquan*), 122, 158, 281, 309, 333, 385,  
403n797  
described, 287-88  
importance of, 20, 86, 429  
needled, 20, 49, 123, 176, 242, 278, 282,  
437,  
442  
other points combined with, 252, 283, 288,  
289,

**Euler Index: 40**

- 301, 304, 338, 348, 391
- pain reduced (or not reduced) by, 17, 32,
- 168,
  - 176, 276
  - in Spleen treatment, 159, 270, 274
- Sp10 (*xuehai*), 218, 276, 278, 281n536, 437, 445
  - described, 288-89
  - other points combined with, 288, 304, 306,
- 312,
  - 323, 362, 386, 438
- Sp11 (*jimen*), 21, 123n266, 132, 133, 281n536,
- 283,
  - 286, 304
  - described, 289
- Sp12 (*chongmen*), described, 289-90
- Sp13 and Sp14, 316
- Sp15, 19, 395
- Sp21 (*da bao*), 429
  - described, 290
- St2 (*si bai*), 58, 63, 149, 166, 294
  - described, 295-96
- St5, 34
- St6 (*Jiache*), 34, 397
  - described, 296
- St7, 397
- St9 (*Renying*), 99, 263, 396
  - described, 296-97
  - magnetic treatment of, 152
  - pressure pain at, 34, 106, 148-49, 319, (pain reduced) 85, 320, 331
  - and thyroid gland, 147, 148-49
- St11 (*qishe*), 22, 132, 172, 392
  - described, 298
- St12 (*quepen*), 36, 228, 229-30, 253, 277, 295,
- 317
  - described, 298-99
- St13 (*qihu*), 23, 45, 152, 217-19, 323, 397,
  - 423n826, 434
  - described, 299
  - needled, 175, 199, 304, 435
- St17, 419
- St18, 132
- St21 (*liangmen*), 157, 167, 266, 267
  - described, 299-301
- St22 (*guan men*), 159, 242, 270, 279, 326
  - described, 300-301
- St24 (*huaroumen*), 268, 283, 288
  - described, 301
- St25 (*tianshu*), 32, 61, 68, 267, 405, 408, 422



## Euler Index: 41

- described, 301-2
- and eye disorders, 18, 26
- as Large Intestine Mu, 69, 295
- pressure pain at, 25, 42, 57, (pain reduced)
- 404
  - St26 (*wailing*), 32
    - described, 302
  - ST26-ST27 area, 56, 69, 253, 295
    - and Oketsu, 41, 42, 45, 58, 109, 242, 305, 344,
      - 402, 409, 416
    - pressure pain at, 17, 18, 19, 61, 140, 166, 187,
      - 246-7, 296, 358, 376, 401, 402, (pain reduced) 43, 261, 321
  - St27 (*daju*), 1n1, 242, 253, 266, 295, 302, 404, 408,
    - 422
      - described, 303
      - needled, 226, 109, 402
      - as reflex area, 56, 69
    - St28 (*shuidao*), 144, 243, 290, 294, 435n848
      - described, 303-4
      - palpated, 188, 266
      - pressure pain at, 21, 86, 267, 283, 319, 418, (pain reduced) 285, 309, 320
    - St30 (*qichong*), 81, 157, 293, 419, 434
      - described, 304-5
      - pain at, 16, 217, 299, 445, (pain reduced) 23, 45,
        - 224, 290
    - St31 (*bi guan*), described, 305-6
    - St31-St35, 305, 306
    - St34, 435
    - St36, 75, 80, 171, 213, 219, 278, 292, 305, 436
    - St37 and St39, 79, 80, 114, 224, 244n468, 294, 335
    - St40 (*feng long*), 76, 244, 252-53, 409
      - described, 307-8
    - St41 (*jie xi*), 341, 376, 377, 441
      - described, 308-9
      - pain on, 212-13, 278, 309, 445
      - and Stomach Qi line, 72, 75, 171, 214, 292
    - St44 (*nei ting*) and St45 (*li dui*), 21, 166, 263, 296, 307
      - described, 309
      - Metal and Water points of, 176, 212, 295
      - needled, 154, 309
    - T1, 29, 78, 148, 188, 259, 311, 351

## Euler Index: 42

- T2, 29, 33, 45, 353
- T3, 8n16, 29, 33, 51, 364
- T4, 8n16, 29, 50, 51, 151
- T4-T7, 374
- T5, 29, 50, 135, 138, 181, 311, 316, 354, 364
- T6, 30, 45, 135, 285, 311
- T7, 30, 31n82, 33, 138, 151, 355-56
- T8, 28, 30, 285
- T9, 28, 29, 30, 31, 144, 181
- T10, 6, 28, 31, 37, 110n239, 269
  - as sugar point, 6, 37, 154, 220, 267, 268, 271
- T11, 31, 52, 79, 110n239, 269, 271, 285, 357
  - as sugar point, 154, 220, 267, 268
- T12, 31, 110n239, 154, 220, 267, 271, 285
- TW1 (*guan chong*), 301, 399, 411n809, 444, 445
  - described, 389-90
  - Metal and Water points of, 173, 390
  - needled, 31, 65, 326
- TW2 (*ye men*), 31, 65, 173, 301, 326, 389, 399, 444, 445
  - described, 390
- TW3 (*zhong zhu*), 19, 34, 230, 340, 388, 393
  - described, 390
- TW4 (*yang chi*), 112, 150, 152, 173, 388, 395
  - described, 390-93
- TW5 (*wai guan*), 387, 388, 426, 439
  - described, 393-94
  - needled, 205, 278, 445
  - pressure pain reduced by, 36, 49, 61n150, 85, 111-12, 124n270, 437, 439
  - scar tissue treatment, 167, 172, 177n374
- TW6, 65, 389, 390, 444
- TW8 (*san yang luo*), 35, 37, 153
  - described, 395
- TW9 (*si du*), 35, 49, 61n150, 85, 286, 332, 333, 334, 388, 426
  - described, 395-96
  - Four Oceans and, 335
  - instead of Pc4, 385
  - needled, 65, 153, 225, 235
  - other points combined with, 342, 346, 375
  - pressure pain at, 124n270, (pain or dizziness reduced) 23, 36, 65, 217n418, 251n490, 296, 331, 427, 431, 438
  - scar tissue treatment, 167, 172, 177n374,

## Euler Index: 43

- and SCM, 112, 116
- TW10, 112, 153
- TW14, 444
- TW15 (*tian liao*), described, 396-97
- TW16 (*tian you*), 69, 359n703, 453
  - described, 397-98
  - pressure pain at, 5, 36, 60-61, 131, (pain reduced)
    - 17, 166, 242, 260-61, 296
    - SCM muscle at or below, 36, 57, 59
    - as tonsil or immune reflex, 36, 58
- TW17 (*yi feng*), 64, 65, 225, 334, 396
  - described, 398
- TW20 (*jiao sun*), described, 398
- TW21 (*er men*), described, 398-99
- UB23, 108
- UB40, UB58, UB60, UB62. *See* BI40; BI58; BI50;
  - BI62; *also* I-Hi-Kon treatments
- Prostate problems, 203, 239, 290, 361, 403, 411, 417
  - prostate cancer, 344
  - prostatitis, 320, 344, 377, 435, 442, 445
  - treatment of, 32, 303, 320, 377, 409, 435, 418
- Prostate surgery, 20, 86, 216
- PSIS area, 359
- Psychiatric disorders, 186, 366, 381
- Psychological problems, 28, 41, 107, 186, 311, 365, 381.
  - See also* Anxiety and fear; Emotional factors
- Psychosomatic points, 28, 116, 181, 310, 374, 381
- Puberty. *See* Adolescents
- Pubic bone, 238, 240
- Pulse
  - blood pressure and, 131, 277-78, 283, 298
  - comparing between left and right, 321
  - flooding, 310, 317-18
  - hollow, 282
  - irregular, 314
  - moderate, 276, 277-78, 300-301, 306
  - normal, 115, 359
  - radial, evaluation of, 228, 382
  - rapid, *see* Pulse, rapid or "pecking," *below*
  - slippery, 283
  - slow, 151, 359, 360
  - Stomach Qi deficient, 306
  - wiry, 289, 438, 441, 445
- Pulse, rapid or "pecking," 51, 63, 73, 83, 96, 110,

## Euler Index: 44

- 411, (case histories) 117, 126, 127, 184
- in obese patients, 422
- in sympathetic dominance, 107, 108-12
- as symptom, 147
- treatment of, 153, 220, 303, 355, 394, 402,  
(contraindicated) 88n199, 125
- Pulse diagnosis, 73-74
- Nagano's, 37-39, 83, 277-78, 283, 394
  
- Qi, 5n8, 7, 57, 61, 259
- of all phases, 265
- ancestral, 325
- of Blood, 40, 80 (*see also* Blood, stagnation of;  
Stomach Qi)
- Circle of, 32, 186-87
- deficiency of, 367
- "Evil," 27, 53, 70, 393
- Jing Qi, 141
- Liver and Lung, 68, 250, 251
- "moving," 68, 70, 248, 392-93
- flow obstructed, restored, 196, 227
- sea of, *see* Four Oceans
- "Wei Qi," 53, 56-57, 69, 246
- of Wind, 58
  
- Radiation therapy, 54, 397, 403, 441
- treatment of, 98, 279, 331, 342, 366
- Raynaud's disease, 258, 309
- Recreational drugs, 10, 15
- Red blood cells, 247, 386
- Red face and cheeks, 121, 126
- Red spots on middle warmer, 400
- Reflex, reflex or reflection zones, 1n1, 4, 294,  
441n861
- abdominal, 239
- Atlas, 35, 230, 236, 393
- Axis, 234
- brachial plexus, 35-36
- gynecological, 21-22, 188, 283, 435
- of the Heart, 22, 75
- of the Kidneys, 20-21
- of the Liver, 18-19, 401, 403, 409, 412
- of the Lung, 17, 32, 36, 62, 68, 183, 247, 301
- pelvic imbalance and visceroptosis, 23-24
- pituitary gland, 142, 143
- of the Spleen, 19-20, 86, 90, 159, 265, 266, 287
- Renal artery (and pressure pain), 83
- Renal problems, 33, 337, 345, 442. *See also*  
Kidneys

## Euler Index: 45

- Ren Mai (linea alba), 73, 80, 141, 177, 252, 294, 347  
pressure pain along, 57, 217
- Ren Mai channel, 186, 282
- Reproductive functions and problems, 285, 409, 412,  
417, 423
- Respiratory disorders, 18, 19, 21, 30-31, 85  
congestive heart disease with, 364  
cough, 31, 115, 246, 340, 364  
treatment of, 34-35, 318-19, 354, 355, 356,  
426, 444  
and Oketsu sign, 245  
shortness of breath, 41, 298, 299, 443, (case  
histories) 46-47, 182-83  
as symptom, 107, 115, 121, 147, 198, 393  
treatment of, 249, 250, 329, 330  
*See also individual disorders*
- Restless leg syndrome, 349, 434, 435
- Rhinitis, 438
- RSD (Reflex Sympathetic Dystrophy), 290, 386, 428-  
29, 443, 460, (case histories) 291, 429-30
- Runny nose, 283, 332-33
- Sacrum, sacroiliac problems, 54n134, 186, 208, 240,  
241, 361-62, (case history) 336  
as symptom, 193  
treatment of, 32, 187, 202-4, 220, 243, 268, 358,  
460
- Saliva, 332-33, 334
- Salivary gland problems, 34, 179-80, 340, 390, 398,  
420
- Scalenus muscle, 227, 253, 299  
injury to, treatment of scars from, 173-74, 177  
pressure pain on, 229, 233, 277-78, 311-12
- Scapula, 364, 366  
pain at, 389, 390 (*see also* Shoulder pain)
- Scar tissue, 2, 160-90, (case histories) 77-78, 178-  
85,  
200-201, 231  
adhesion of, 17, 55, 173, 175-76, 285, 287, 386,  
442,  
443  
treatment of, 284, 308  
amputation scar, 181  
common symptoms caused by, 177-78, 226, 348  
harmful, how to recognize, 163-64  
Heart meridian points and, 310, 317  
keloid formation, 55, 163  
numbness on or around, 253  
palpation of, 164, 173, 176

## Euler Index: 46

- as pathogenic factor, 8, 142, 161-62, 165, 191, 198,
  - 239
- trauma scars, 189n387
- treatment of, 142, 165-78, 417, 443
  - detoxification, 99
  - instruments used in, 168-70
  - vaccination scars, 163, 164, 165, 262
  - wound healing and, 161
- Sciatica, 24, 41, 203, 211, 312, 318, (case histories) 47-
  - 48, 127-28
  - scar tissue causing, 177, 178
  - as symptom, 193, 216-17, 219, 266, 324, 424, 445
  - treatment of, 94, 305, 345, 363, 375, 393, 434, 435,
    - 445, 460
- SCM (Sternocleidomastoid) muscle, 57, 60, 61, 167, 173,
  - 298, 327, 334, 397
  - palpation of, 36, 58, 99, 148, 172, 229, 230, 296
  - pressure pain at, 35, 64, 106, 235, 261, 263, 390, 414,
    - 437, 438 (case history) 237
  - scars from injury to, 172, 177
  - tight or tense, 33, 107-8, 112-13, 116, 131, 149, 172,
    - 227, 309, 396
  - release of, 388, 393, 426
- Scoliosis, 30, 203, 211, (case histories) 206-7
  - children with, 206
  - diagnosis and treatment of, 205-6, 394, 438
- Sea of Blood. *See* Four Oceans
- Seasonal changes, 71, 72, 74
- Seaweed, 52
- Senility, 423
- Sexual energy, weak, 178
- Shao-Yang treatment, 10, 27, 61n150, 124n270, 227,
  - 388, 390, 394, 423, 438-39
  - of the neck, 33, 35, 36-37
  - of scar tissue, 167-68, 177, 181
  - of SCM, 112, 127, 229, 230, 235
  - of ulcers, 273
- Shen, disorders of, 69, 281
- Shingles (herpes zoster), 258, 285, 309, 441, 442
- Shin splints, 73, 307, 434
- Shiunko cream, 451

## Euler Index: 47

- with Tiger Warmer, 28, 67, 168, 256
- Shortness of breath. *See* Respiratory disorders
- Shoulder, frozen or stiff, 312, 361, (case history) 231-32
  - as symptom, 216, 228, 253, 285, 331, 386, 401
  - treatment of, 397-98
- Shoulder pain, 24, 258, 318, 349, 410, 435, 442, 443, 444
  - as symptom, 173, 198, 410
  - treatment of, 259-60, 268, 288, 312, 321, 460, (case histories) 129-31, 184-85, 222-23, 231-32, 257, 264
  - four corner, 193
  - needling, 125-26, 255, 303, 316-17, 319, 322, 324, 359-60, 376
- Shoulder spasms (case history), 207
- Shu points, 38, 116, 344, 347, 351-52, 354-60
- Shu-Stream, 254, 282, 314, 319, 340, 390, 414
- Sinews, meeting point of, 436
- Sinus allergies, 26, 110, 294-95
- Sinus infections (sinusitis), 24, 48, 57, 258, 442, 443, 444,
  - 445, (case histories) 67, 446-47
  - and pituitary gland imbalance, 142
  - treatment of, 62-63, 72, 250, 263, 345, 379, 438, 441, 445
  - diode rings, 295
  - nasal rinse, 63, 166, 177
  - needling, 94, 307, 309
- Sishencong point, 49, 408
- Six-Flower treatment, Master Hukaya's, 355, 356, 357
- Sjögren's syndrome, 425
- Skin problems, 331, 334, 342, 460
  - dermatitis, 94, 283, 311
  - eczema, 41, 225, 262, 332, 342
- Small intestine Shu meridian, 45, 173, 257, 261, 295, 314,
  - 351
  - inflammation or pain along, 198, 310, 312, 316, 444
  - points on, 317-28, 360
- Sphincter. *See* Oddi point, sphincter of
- Sleeping problems, 22, 28, 31, 110, 332
  - insomnia, 31, 48, 107, 110, 283, 342, 346, (case history) 201

## Euler Index: 48

- as symptom, 147, 177, 217, 225, 240, 332
- treatment of, 355, 356, 393, 396, (diode ring)
- 460
  - insomnia point, 124, 338
  - nightmares (case history), 181-82
  - sleep apnea, 64, 225, 338
  - teeth clenching during sleep, 142
- SLO or SLS toxins, 57
- Smoking, 15, 54, 443
- Speech disorders, 34, 49, 234, 297, 338
- Sperm count, low, 290. *See also* Impotence
- Sphenoid bone imbalance, 142, 143-44, 145, 148-49, 224-25, 349, 388
- Spine
  - cervical, problems at, 364
  - cervical and lumbar, Huato Jiaji points on, 49, 205-6, 208, 235, 237, 243
  - degeneration of disks, 234
  - lumbar pain, 393
  - Master Nagano's diagnosis of, 26-33
  - spinal imbalance, 205
  - thoracic, Huato Jiaji points on, 29-31
  - treatment of pressure pain on, 387-88, 437
  - See also* Back pain
- Spleen, 53, 159, 245
  - function of, 294
  - inner thigh related to, 239
  - reflection zone of the (Spleen reflex), 19-20, 86, 159, 265, 266, 287
  - swollen or post-splenectomy, 279-80
  - tissue corresponding to, 277
- Spleen channel, Spleen meridian, 123, 178, 241, 266
  - constriction of (and bunion pain), 273
  - palpation of, 267, 278, 279
  - points on, 124, 133, 171, 252
- Spleen imbalances/disorders, 93, 158, 265-80
  - Spleen deficiency, 8, 54, 76, 86, 164, 175, 274, 282, 298, 424
  - treatments of, 268-71, 277-80, (case histories)
- 271-72, 280
- Spleen Mu. *See* Pressure points: Liv13
- Spleen Qi, 68, 76, 86, 269
  - deficiency, 245n471, 266
- Spleen Shu, 278, 374



## Euler Index: 49

- Spleen Yang, 276
- Sports habits, sports injuries, 47, 55, 108, 174, 185, 197,
  - 418
  - and structural imbalance, 10, 191
- Stagnant blood. *See* Blood, stagnation of
- Stagnant water. *See* Edema
- Steroids, effect of, 83, 87, 100, 142, 345, (case history)
  - 100-101
  - moon face, 262, 337
  - steroid injection, 163n345
- Stomach, 10
  - Lung channel originates in, 248
- Stomach meridian, Stomach Qi line, 21, 263, 266
  - as “King” of Yang meridians, 292-94
  - as pillar of the body, 214, 218-19
  - points on, 295-309
  - treated, 166, 288, 363
    - needled, 219, 268, 278, 360, 391, 434
    - for scar pain, 171-72, 176, 177
- Stomach problems, 30, 176, 355
  - stomach ulcers, 41, 256, 266, 273, 299-300, 311, 426
  - stomatitis, 444
  - water stagnation, 267, 268, 288 (*see also* Edema)
- Edema
  - See also* Digestive disorders
- Stomach Qi deficiency, 2, 71-81, 107, 277
  - in cancer patients, 102
  - seriousness of, 292, 306
  - treatments, 20n45, 29, 39, 99, 132
  - water retention, 267
- Streptococcal and staphylococcal infections. *See* Infections
- Stress, 10, 53, 54, 105, 227, 266, 328, 410, 428
  - effects of, 53, 54, 105, 227, 266, 328
  - management of, 226
  - and pressure pain, 28, 403, 410
  - and sugar imbalance, 158
  - three stages of (General Adaptation Syndrome), 88-89
- Stroke, 41, 48, 121, 228, 387
  - post-stroke patients, 289, 339, 349, 350, 406, 426,
    - 427, 436
- Structural imbalance, 2, 3, 6, 10, 191-225, 292, 423
  - clinical approaches to, 192
  - symptoms of, 86

## Euler Index: 50

- usual causes of, 86, 191, 434
- Subclavian artery compression, 174-75, 228
- Substance abuse, 10
- “Sugar Caterpillar,” 270
- Sugar (glucose) imbalance, 142, 158-59, 266, 289, 300,
  - 355, 422
  - hypoglycemia, hyperglycemia, 9, 28, 31, 159, 281
  - “sugar lump,” 270
  - sugar sensitivity, 9, 28, 227, 267, 269
  - treatment for, 31, 140, 159, 235, 268-71
  - See also* Diabetes
- Sugar points, 28, 109, 110, 232, 298, 357. *See also*
  - Pressure points: T10; T11
- Sugar reflex, 31
- Surgical procedures, effect of, 8-9, 18, 20, 26, 48, 103, 386
  - lumpectomy or mastectomy, 316, 321, 419, 443
  - open-heart surgery, 314, 315, 443
  - scars or bruising, 41, 164-65, 166-67, 171-74, 179-80, 231
  - underlying problems, 164-65
  - visceroptosis, 216
- Swallowing, difficulty in, 49, 234, 338
- Sweating, 174, 332
  - lack of, as symptom, 115
  - as symptom, 147, 253
- Sympathetic dominance, 107-15, 414
- Sympathetic nervous system, deficient or over-active, 115-19, 388
- Symptoms, “grocery list” of, 10, 13
- Systemic detoxification. *See* Detoxification , systemic
  
- Tachycardia, 132
- Taikyoku treatment, 395
- Tailbone injuries, 17, 32, 187-89, 246, 247, 253, 302, 303,
  - (case histories) 189-90
- Tai Yang area, 149, 318n620, 321, 376
- Tai-Yang symptoms, 364
- Tan-Tien area, 80, 177, 225, 290, 293, 334, 335, 381-82,
  - 385
  - as center of energy, 337
  - forehead and brain represented in, 26
  - gynecological reflex areas in, 21
  - weakness in, 20, 329-30, 331, 341-42

## Euler Index: 51

- T-cells, 59, 91
- TCM, 245, 247, 248, 251, 252, 260, 281
- Tea tree oil, 63n156
- Teeth, 335
  - clenching of, 142
  - dental problems, 258, 352
    - gingivitis, 444
    - overproduction of tartar (case history), 313-14
    - as symptom, 225
  - gum inflammation, pain, or bleeding, 260, 281, 288,
    - 444
  - painful dental procedures, 259
  - related to Kidneys, 333
  - toothache or tooth pain, 72, 258, 307, 309, 318, 319,
    - 444, 460
- “Teeth channel,” 256
- Temperature imbalance, 428-29
- Tendonitis, chronic, 55, 403, 418, 423, (case history) 418-
  - 19
- Tennis elbow, 174, 332, 418
- TENS, 129
- Testicular problems, 287, 411, 412, 442, (case histories) 413-14
- Thigh, inner, pain in, 357, 412, (case history) 412-13.  
*See also* Neurovascular compression
- Thoracic duct, 392
  - congestion of, 391, 442
- Thoracic Outlet Syndrome, 227, 228
- Thoracic spine. *See* Spine
- Throat, 67-69, 261. *See also* Tonsils
- Throat problems, 282, 283, 297, 379, 443, 444
  - “plum pit” feeling, 338, 360
  - vocal cord problems, 261-62.
  - See also* Respiratory problems
- Thymus gland, 28, 59, 62, 68
- Thyroid gland, 34, 147, 249, 261, 292, 296-97
  - parathyroid point, 351
- Thyroid imbalance, 9, 34, 86, 147-57, 304, 422
  - case histories, 156-57
  - and diagnosis, 59, 106, 296-97
  - treatment of, 85, 140, 149-56, 326, (case history) 156-57
  - See also* Hyperthyroidism; Hypothyroidism
- Thyroid operation, scars from, 177

## Euler Index: 52

- Thyroid Shu area, 151, 152, 157
- Tics, facial, 108, 173, 281, 424, 437
- Tiger Warmer, 4, 270, 452
  - babies and children treated by, 28, 61-62, 256, 398,  
452
  - daily home use of, 50, 73, 87-88, 398, 418, 452
  - scars treated by, 26, 174, 175, 179
  - for softening tissue, 96, 168
  - use contraindicated, 168, 173
- Ting-Spring point, 319
- TMJ (temporomandibular joint) pain, 393, (case history) 420-21
  - as symptom, 173, 225, 332
  - TMJ point, 233, 296
  - treatment of, 142, 342, 346, 352, 396, 397
    - parotin injections, 333
    - surgery, 165
- Tonsillar points, Nagano's, 36, 55, 59-62, 65, 261, 295,  
359, 397
- Tonsils, 55, 60, 67-68, 69
  - tonsillectomy, 164
  - tonsillitis, 327-28, 443
- Tools, acupuncture. *See* Materials and methods
- Toothache. *See* Teeth
- Torticollis, 37
- Toxins, 18, 59, 98
  - SLO or SLS, 57
  - See also* Detoxification, systemic
- Trapezius muscle, 122, 127, 130, 219, 343
  - tension of, 36-37, 150, 217, 235, 241, 419
- Traumatic events, 189n387. *See also* Birth trauma;  
Emotional factors
- Trigger finger, 24
- Triple bypass cords, 456
- Triple Warmer meridian, 7, 67-69, 92n205, 112, 295, 317,  
381-82
  - palpation at, 60, 225
  - points on, 150, 302, 333, 387-99, 423
  - scars on, 165, 167, 168, 177
- TSH (thyroid stimulating hormone), 8n16, 139, 152
- Tubal ligation, 86, 98, 164, 167, 442
- Tuberculosis, 41, 246
- Tummy tuck, 26, 299
- Tumor, 24
  - nonmalignant, 7-8
  - ovarian, 208, 340

## Euler Index: 53

- scar from removal of, 172
- Twisted trunk syndrome, 24
  
- Umbilicus
  - as center of the body, 93-97, 265
  - pain around, 6, 19-20, 82, 146, 242, 251, 267, 442
  - palpation of, 14, 82, 83-84, 94, 300, 330
  - as reflection of the Spleen, 19
  - sinus problems related to, 26, 63, 114
  - umbilical cord theory, 31, 90-93, 344, 368
  - umbilical ligament, 217
- Upper limb problems, 32, 35, 36
  - as symptom, 174
  - See also* Shoulder pain
- Urinary Bladder, 253, 287
  - inflammation or infection, 411, 417, 442
- Urinary Bladder meridian, 30, 168, 248, 261
  - needling with flow of, 108, 116, 187, 225
  - I-Hi-Kon treatment of, 167
  - points on, 49, 132, 136, 138, 322, 347-80
  - scars on, 175, 177, 180
- Urinary tract functions, 409
- Urinary tract problems, 41, 368
- Urination
  - change or difficulty in, 107, 110
  - frequent, 115, 143, 144, 198, 326-27, (case history) 145-46
  - as symptom, 216, 217
  - and incontinence, 32, 177, 253
  - urge for, 248, 253
- Urology problems, 460
- Uterus, 21, 303-4, 366, 435n848
  - uterine problems, 343-44, 417, 442 (*see also* Fibroids, uterine)
  
- Vaccination, numbness of arm after, 256
- Vaccination scars. *See* Scar tissue
- Vaginal infections, 411, 417, 423, 435
- Vagus nerve, 172, 173
- Varicose veins, 24, 44, 239, 278
  - scars from operation, 178
- Vascular compression. *See* Neurovascular compression
- Vasectomy, 98
- Vasopressin, 326
- Vein congestion
  - portal, 41, 42, 401, 422
  - rectal, 18, 45, 251, 302, 303, 362, 401, 402, 422

## Euler Index: 54

Venereal diseases, 344

Vertebral artery

compression or stagnation of, 2, 234-36, 376

insufficiency of, 37, 228, 350, 427

treatment of, 375, 424

Vertebral disc injuries, 312. *See also* Spine

Vertigo, 48, 234

Visceroptosis, 215-20, 249, 304

causes of, 83, 239, 423

inner thigh compression and, 239, 240-41, 307

reflection zone of, 23-24, 434

treatment of, 218-20, 293, 402, 407

essential components of, 359, 385

inguinal pain and, 75, 225, 235, 435

as underlying problem, 198, 199, 227, 299

Vision. *See* Eye problems

Vitamin deficiency, 391

Vocal cord problems. *See* Throat problems

Vomiting. *See* Nausea and vomiting

Vulvitis, 417

Walk, inability to (case history), 388-89

Warmers. *See* Tiger Warmer; Triple Warmer meridian

Water and Grain

Ocean of, 292

pathway of, 392

Water Element, Yin of, 141, 310

Water points, 171, 250, 258, 311, 319, 379, 384, 89, 418,

424. *See also* Metal and Water points

Water retention or stagnation. *See* Edema

Weight loss, 73, 147, 306

“Wei Qi.” *See* Qi

Whiplash injury, 37, 108, 226, (case history) 78-79

treatment of, 35, 94, 311, 343, 364, 394, 418

White blood cell count, 403

Wind as source of diseases, 53, 58. *See also* “Evil Wind”

Window of Heaven points, 350, 397

Women: Bl66 as effective point for, 188. *See also* Gynecological (GYN) problems

Wood channel, 43, 44, 250, 278, 416

Wood point, 319, 338, 390, 406, 409, 423

Xi-Cleft point, 251, 335, 342, 375, 377

Xiphoid bone, 22, 174, 354

Yang. *See* Yin/Yang

## Euler Index: 55

- Yaotongxue points, 35, 230, 236
  - described, 393
- Yi, pathology of, 374
- Ying-Spring point, 258, 274, 282, 317, 379, 386, 390, 411
- Yin/Yang, 6, 75, 92-93, 105-6, 227
  - aspects of the body, 141, 171, 196, 248
  - energy pathways of (“Heaven Hinge”), 57
  - Organs, 68, 112, 246, 247
  - and umbilical cord theory, 90-91
  - Yang aspect of the Heart, 317
  - Yang meridians, 59, 107, 214, 395, 440-41
    - of the leg and of the hand, 444-45, 453
    - Stomach channel “King of,” 292-94
  - Yang points, 258
  - Yang vessels, 62
  - Yang (or Qi) of Blood, 80, 81
  - Yin, 81, 226
  - Yin meridians, 43, 178, 218, 248, 441
    - of the leg and of the hand, 442-45
  - Yin points, 127, 171, 219, 222, 241, 254, 255
  - Yin/Yang Qiao (or Chiao) Mai, 354
    - balance between 73, 213-14, 308
    - Yang Qiao Mai, 262, 324, 375, 394, 434
    - Yin Qiao Mai, 252, 303, 320, 341, 344, 377
  - Yin/Yang Wei Mai, 19, 354
    - Yang Wei Mai, 261, 324, 377, 393, 394, 428, 439
    - Yin Wei Mai, 168, 289, 335, 386, 422
- Yoga philosophy, 186
- Yuan Qi, Yuan point, 150, 151, 258, 282, 294, 314, 390,
  - 392-93, 414, 438
- Yuyao, 19, 22, 51n127, 143, 145, 326, 347, 375
  
- Zang Fu Organs, 3, 33, 57, 67, 68, 227, 392
  - scars blocking blood supply to, 162
- Zang-Fu theory, 2, 10, 92, 163, 228
- Zero balancing approach, 192
- Zong energy, 80, 292
- Zong Qi, “leaking,” 138, 324-25